

Same Songs

拍数: 48 墙数: 2 级数: Low Intermediate - Polka
编舞者: Michela Rosso (IT) & Mara Ramassotto (IT) - April 2023
音乐: Same Songs - James Johnston & Kaylee Bell



Intro: 16 counts

S1: SHUFFLE R, SHUFFLE BACK L, COASTER STEP, STEP LOCK STEP

1&2 Step R forward, step L next to right, step R forward
3&4 Step back L turning $\frac{1}{2}$ to right, step back R next to left, step back left
5&6 Step back R, step L next to R, step forward R
7&8 Step L forward, lock R behind L, step L forward (9:00)

S2: SIDE ROCK, CROSS & CROSS, SIDE ROCK, SWEEP SAILOR STEP

1-2 Step R to R side, recover on L
3&4 Step R behind L, step L to L side, cross R over L
5-6 Step L to L side, recover on R
7&8 sweep L turning $\frac{1}{4}$ L, step R next to L, step L forward (3:00)

S3: ROCK, SHUFFLE, WALK X2, MAMBO STEP

1-2 step R forward, recover on L
3&4 turn $\frac{1}{2}$ to R step R forward, step L next R, step R forward
5-6 step L forward, step R forward
7&8 step L forward, recover on R, step L back (6:00)

S4: SHUFFLE X2, KICK BALL STEP X2

1&2 step R to R side, step L next to R, step R to R side
3&4 turn $\frac{1}{4}$ to R step L to L side, step R next to L, step L to L
5&6 turn $\frac{1}{8}$ to R kick R forward, step on ball on R, step L forward
7&8 kick R forward, step on ball on R, step L forward (1:30)

RESTART AT 3RD WALL

THE FINAL AT 6th WALL: count 7 cross R over L (6:00) / count 8 unwind $\frac{1}{2}$ to L (12:00)

S5: LOCK TURN X2, SIDE ROCK, CROSS SHUFFLE

&1-2 step R forward, lock R behind L, unwind full turn L (1:30)
&3-4 step R forward, lock R behind L, unwind full turn L (1:30)
5-6 turn $\frac{1}{8}$ to L step R to R side, recover on L (12:00)
7&8 step R over L, step L to L side, step R over L

Easy option for counts 1-4 : SHUFFLE X2

1&2 step R forward, step L next to R, step R forward (1:30)
3&4 step L forward, step R next to L, step L forward (1:30)

S6: STEP BACK, DRUG, STOMP X3, HOLD X2

1 turn $\frac{1}{2}$ to R step L back (9:00)
2-3-4 drug R next to L
5-6 stomp R, stomp R
7-8 stomp L, hold

TAG (5 Wall / after 16 counts)

S1: BIG STEP SIDE, SLIDE, CROSS & CROSS, STEP SIDE, TOUCH

1-4 big step R to R side, slide L next to R
5&6 step L behind R, step R to R side, cross L over R
7-8 step R to R side, touch L next to R (9:00)

S2: BIG STEP SIDE, SLIDE, CROSS & CROSS, STEP SIDE, TOUCH

1-4 big step L to L side, slide R next to L
5&6 step R behind L, step L to L side, cross R over L
7-8 step L to L side, touch R next to L (9:00)

S3: STOMP, CLAP, HOLD, CLAP, HOLD, CLAP, HOLD, STOMP X2

1-2 stomp R forward, clap over head
3-4-5-6 hold, clap over head, hold, clap over head
7&8 hold, stomp L forward, stomp L forward (9:00)

S4: STOMP, CLAP, HOLD, CLAP, HOLD, CLAP, HOLD, STOMP X2

1-2 stomp R forward turning $\frac{1}{4}$ to R, clap over head (12:00)
3-4-5-6 hold, clap over head, hold, clap over head
7&8 hold, stomp L forward, stomp L forward

S5: STOMP, CLAP, HOLD, CLAP, HOLD, CLAP, STOMP X2

1-2 stomp R forward turning $\frac{1}{4}$ to R, clap over head (3:00)
3-4-5-6 hold, clap over head, hold, clap over head
7&8 hold, stomp L forward, stomp L forward (3:00)

S6: STOMP, CLAP, HOLD, CLAP, HOLD, CLAP, STOMP X2

1-2 stomp R forward turning $\frac{1}{4}$ to R, clap over head (6:00)
3-4-5-6 hold, clap over head, hold, clap over head
7&8 hold, stomp L forward, stomp L forward

SMILE AND HAVE FUN!
