

Hold Me Now & Stay

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Wanda Heldt (AUS) & Linda Morris (AUS) - April 2023
音乐: Hold Me Now (Dance Version) - Johnny Logan



****2 Tags: End of Wall 4 [8 Counts] & End of Wall 8 [4 Counts]**

[1] FORWARD RIGHT TOE, HEEL, 1/2 RIGHT LEFT TOE, HEEL, STEP BACK ON RIGHT, SWEEP THE LEFT, STEP LEFT BEHIND RIGHT, SLIGHT STEP FORWARD ON RIGHT

1-2 Touch Right toe forward, Place Wt on Right heel
3-4 1/2 turn Right Left toe, Place Wt. on Left heel [6]
5-6 Step back on Right, Sweep or Point Left to side
7-8 Step Left behind Right, Slight step forward on Right

[2] ROCK LEFT FORWARD, RECOVER ON RIGHT, LEFT 1/2 TURN, SWEEP RIGHT, RIGHT CROSS ROCK, RECOVER, STEP RIGHT.

1-2 Rock forward Left, Recover on Right
3-4 1/2 turn Left step forward on Left, Sweep the Right
5-8 Cross Right over Left, Recover on Left, Step Right to Right side, Hold

[3] LEFT CROSS ROCK, RECOVER ON RIGHT, 1/4 TURN LEFT, HOLD, 1/2 TURN RIGHT TOE HEEL, 1/2 TURN LEFT TOE HEEL.

1-4 Step Left across Right, Recover on Right, 1/4 turn step forward on Left [9]
5-6 1/2 Turn Left Right toe, heel [3] both arms out and click fingers as you turn
7-8 1/2 turn Left - Left toe. heel [9] both arms out and click fingers as you turn

[4] 1/4 PIVOT LEFT, RECOVER ON LEFT, CROSS RIGHT OVER LEFT, HOLD, STEP LEFT, STEP RIGHT BEHIND LEFT, STEP LEFT FORWARD, HOLD

1-4 Step forward on Right 1/4 Pivot Left, Recover Wt. on Left, Cross Right over Left, Hold [6]
5-8 Step Left to Left side, Step Right behind Left, Step forward on Left Hold

TAGS:-

***1st Tag:- [8 Counts] END of Wall 4. K. STEP**

1-2 Step forward Right diagonal, Touch Left beside Right.
3 4 Step back to Left diagonal, Touch Right beside Left.
5 6 Step to Right diagonal, Touch Left beside Right.
7 8 Step forward to Left diagonal, Touch Right beside Left.

****2nd Tag:- [4 Counts] END of Wall 8 FULL UNWIND over Left shoulder..**

1-4 Step Right over Left, Turning Left - Full UNWIND Replace Wt. on Left [12]

Restart dance.....

HAVE FUN IN LIFE & IN DANCE