

# Flowers

拍数: 120      墙数: 1      级数: Phrased Intermediate  
编舞者: Jasmine Wang (MY), Christine Chiam (MY) & Jen Lim (MY) - April 2023  
音乐: Flowers - Miley Cyrus



Sequence: A, B, C, A, B, C, C, A- (16 cts), Tag, B, B\*, C, C  
Intro: Dance starts with Right foot on lyric "Good"

## Part A (52 counts)

### Section 1 Ball Step, Walk Walk, Point Toe Out (X2)

& 1, 2, 3, 4      Ball on R, step L forward, step R forward, point L toe to side, hold  
& 5, 6, 7, 8      Ball on L, step R forward, step L forward, point R toe to side, hold

### Section 2 Rocking Chair, Jazz Box 1/4 Right Turn

1, 2, 3, 4      Step R forward, recover on L, step R back, recover on L  
5, 6, 7, 8      Cross R over L, recover on L, step R to side turning 1/4 right (3 o'clock), cross L over R

### Section 3 Reverse Shuffle, Forward Shuffle, Rock Recover, Coaster Step

1 & 2      Step R back turning 1/4 left (12 o'clock), bring L close to R, step R back  
3 & 4      Step L forward turning 1/2 left (6 o'clock), bring R close to L, step L forward  
5, 6      Rock R forward, recover on L  
7 & 8      Step R back, step L together with R, step R forward

### Section 4 Step and Touch (X4)

1, 2      Step L forward diagonally, touch R toe next to L  
3, 4      Step R back diagonally, touch L toe next to R  
5, 6      Step L to side turning 1/4 left (3 o'clock), touch R toe next to L  
7, 8      Step R to side, touch L toe next to R

### Section 5 Step Lock, Step Lock Step, Rock Recover, Coaster Step

1, 2, 3 & 4      Step L forward, lock R behind L, step L forward, lock R behind L, step L forward  
5, 6, 7 & 8      Rock R forward, recover on L, step R back, step L together with R, step R forward

### Section 6 Kick And Point, Sailor 1/2 Turn Right, Forward Shuffle, Unwind Turn

1 & 2      Kick L forward and step, point R toe to side  
3 & 4      Step R behind L, step L beside turning 1/4 right, step R forward turning 1/4 right (9 o'clock)  
5 & 6      Step L forward, bring R close to L, step L forward  
7, 8      Cross R over L unwind 3/4 left (12 o'clock) weight on L

### Section 7 Out Out In In (\*\*)

1, 2, 3, 4      Step R out, step L out, step R in, step L in

A- Dance Sections 1 and 2 - 16 counts (end with Jazz Box at 12 o'clock)  
Tag Follow steps in Part A Section 7 (\*\*)

## Part B (52 counts)

### Section 1 Kick And Point (X2), Rocking Chair

1 & 2, 3 & 4      Kick R forward and step, point L toe to side, kick L forward and step, point R toe to side  
5, 6, 7, 8      Step R forward, recover on L, step R back, recover on L

### Section 2 Step And Touch Back (X2), Rolling Vine

1, 2      Step R to right, cross and touch L toe behind R  
3, 4      Step L to left, cross and touch R toe behind L

5, 6, 7, 8 Step R turning 1/4 right, step L turning 1/2 right, step R turning 1/4 right, touch L toe beside R

### **Section 3 Step And Touch Back (X2), Rolling Vine**

1, 2 Step L to left, cross and touch R toe behind L

3, 4 Step R to right, cross and touch L toe behind R

5, 6, 7, 8 Step L turning 1/4 left, step R turning 1/2 left, step L turning 1/4 left, touch R toe beside L

### **Section 4 Hips Bumps (X2), Pivot Half Turn, Full Rolling Turn**

1 & 2 Touch R forward bumping hips right, return hips to center, step R forward bumping hips right

3 & 4 Touch L forward bumping hips left, return hips to center, step L forward bumping hips left

5, 6 Step R forward, turn half to the left (6 o'clock) transferring weight to L

7, 8 Step R turning half left, step L turning half left

### **Section 5 Forward Shuffle (X2), Pivot Half Turn With Kick, Coaster Step**

1 & 2 Step R diagonally forward, bring L close behind R, step R diagonally forward

3 & 4 Step L diagonally forward, bring R close behind L, step L diagonally forward

5, 6 Step R forward (square to 6 o'clock), weight still on R, turn 1/2 to the left (12 o'clock) and kick L out

7 & 8 Step L back, step R together with L, step L forward

### **Section 6 Step Touch With Hips Roll (X2), Forward Shuffle (X2)**

1, 2 Step R to side rolling hips counter clockwise, touch L toe to left

3, 4 Step L to side rolling hips clockwise, touch R toe to right

5 & 6 Step R diagonally forward, bring L close behind R, step R diagonally forward

7 & 8 Step L diagonally forward, bring R close behind L, step L diagonally forward

### **Section 7 Rocking Chair**

1, 2, 3, 4 Step R forward, recover on L (square back to 12 o'clock), step R back, recover on L

**B\* Repeat Section 6 count 5 to 8, and Section 7**

### **Part C (16 counts)**

#### **Section 1 Skate (X2), Forward Shuffle (X2)**

1, 2, 3 & 4 Skate R diagonally (1.30), skate L diagonally (10.30), step R diagonally (1.30), step L close behind R, step R forward diagonally

5, 6, 7 & 8 Skate L diagonally (10.30), skate R diagonally (1.30), step L diagonally (10.30), step R close behind L, step L forward diagonally

#### **Section 2 Cross Samba (X2), Pivot Half (X2)**

1 & 2 Cross R over L, step L to left, step R on right,

3 & 4 Cross L over R, step R to right, step L on left

5, 6 Step R forward (12 o'clock), step L turning 1/2 left (6 o'clock)

7, 8 Step R forward (6 o'clock), step L turning 1/2 left (12 o'clock)

**THANK YOU!**

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