

Maşallah

拍数: 64 墙数: 2 级数: Easy Intermediate
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音乐: Maşallah - Mustafa Ceceli



Note:

- 40C intro
- No Tag No Restart
- Part A (24C) & Part B (40C)
- Sequence: AAA BB AAA BBB

PART A (24 C)

S1# STEP, LOCK, STEP LOCK STEP DIAGONALLY FWD (R – L)

- 1, 2 step RF diagonally fwd, lock LF behind RF
- 3&4 step RF diagonally fwd, lock LF behind RF, step RF diagonally fwd
- 5, 6 step LF diagonally fwd, lock RF behind LF
- 7&8 step LF diagonally fwd, lock RF behind LF, step LF diagonally fwd

S2# ROCK FWD – RECOVER - ½ SHUFFLE TURN - ROCK FWD – RECOVER - COASTER STEPS

- 1, 2 rock RF fwd, recover on LF
- 3&4 ¼ turn Right step RF to side, close LF next to RF, ¼ turn Right step RF fwd
- 5, 6 rock LF fwd, recover on RF
- 7&8 step LF back, close RF next to LF, step LF fwd

S3# TOE TOUCH WITH HIP ROLLS OUT, RECOVER, STEP BACK (R – L) - TOE TOUCH FWD - HOLD - SHIMMY SHOULDER

- 1, 2& toe touch RF with hip rolls out, recover on LF, step RF back
- 3, 4& toe touch LF with hip rolls out, recover on RF, step LF back
- 5, 6 toe touch RF fwd, hold
- 7&8 do shimmy shoulder for 3 counts

Part B (40C)

S1# SIDE TOUCH WITH HIP BUMP, CROSS, SIDE, CROSS (R – L)

- 1&2 touch RF to side with hip up, down, up
- 3&4 cross RF behind LF, step LF to side, cross RF over LF
- 5&6 touch LF to side with hip up, down, up
- 7&8 cross LF behind RF, step RF to side, cross LF over RF

S2# MAMBO FWD -1/2 UNWIND – MAMBO SIDE (R – L)

- 1&2 rock RF fwd, recover on LF, step RF back
- 3, 4 cross LF behind RF, ½ turn left weight on LF
- 5&6 step RF to side, recover on LF, close RF next to LF
- 7&8 step LF to side, recover on RF, close LF next to RF

S3# SAMBA WHISK (R – L) – ¾ TRAVELLING VOLTA

- 1&2 step RF to side, cross LF slightly behind RF, recover on RF
- 3&4 step LF to side, cross RF slightly behind LF, recover on LF
- 5&6& 1/8 turn right step RF fwd, lock LF behind RF, 1/8 turn right step RF fwd, lock LF behind RF
- 7&8 ¼ turn right step RF fwd, lock LF behind RF, ¼ turn Right step RF fwd

S4# SAMBA WHISK (L – R) – ¾ TRAVELLING VOLTA

- 1&2 step LF to side, cross RF slightly behind LF, recover on LF
- 3&4 step RF to side, cross LF slightly behind RF, recover on RF

5&6& 1/8 turn right step LF fwd, lock RF behind LF, 1/8 turn right step LF fwd, lock RF behind LF
7&8 ¼ turn right step LF fwd, lock RF behind LF, ¼ turn Right step LF fwd

S5# LOCK SHUFFLE FWD – ½ PIVOT – LOCK SHUFFLE FWD – ½ UNWIND

1&2 step RF fwd, lock LF behind RF, step RF fwd
3, 4 step LF fwd, ½ turn right transfer weight to RF
5&6 step LF fwd, lock RF behind LF, step LF fwd
7, 8 cross RF over LF, ½ turn left then transfer weight to LF

Repeat

Let's get sweaty, healthy and happy

**Best regards,
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