

Holy Mess!

拍数: 64 墙数: 2 级数: Phrased Advanced
编舞者: Jannie Tofte Stoian (DK) - April 2023
音乐: Raising Hell (feat. Big Freedia) - Kesha : (iTunes)



Phrasing: A, B, A, A, B, A, TAG, A, B, A,

Intro: 16 counts intro (app. 7 seconds). Starts right after 'let's go'

Note: All directions are written as they appear the first time

PART A

[1-8] Dorothy step R, Dorothy step L, Fw R, tic toc ½ L, Coaster step L

1-2& Step R to R diagonal (1), lock L behind R (2), step R to R diagonal (&) 12:00
3-4& Step L to L diagonal (3), lock R behind L (2), step L to L diagonal (&) 12:00
5&6 Step R fw (5), swivel L heel ½ turn L (&), swivel R heel ½ turn L (6) (weight R) 06:00
7&8 Step L back (7), step R next to L (&), step L fw (8) 06:00

[9-16] Rock R fw, Ball rock fw, Together side switches, Sailor ½ L cross

1-2 Rock R fw (1), recover onto L (2) 06:00
&3-4 Step R next to L (&), rock L fw (3), recover onto R (4) 06:00
&5&6 Step L next to R (&), point R to R side (5), step R next to L (&), point L to L side 06:00
7&8 Cross L behind R (7), turn ¼ L stepping R next to L (&), turn ¼ L crossing L over R (8) 12:00

[17-24] Diagonal step touch x2, Diagonal triple step, Cross Rock, Side rock, Behind side forward

1&2& Step R to R diagonal (1), touch L next to R (&), step L to L diagonal (2), touch R next to L (&) 12:00
3&4 Step R to R diagonal (3), step L next to R (&), step R to R diagonal (4) 12:00
5&6& Rock L over R (5), recover onto R (&), rock L to L (6), recover onto R (&) 12:00
7&8 Cross L behind R (7), step R to R side (&), step L fw (8) 12:00

[25-32] Step ½ L, Triple turn L, Kick ball touch, Ball kick side touch

1-2 Step R fw (1), turn ½ L stepping onto L (2) 06:00
3&4 Turn ½ L stepping R back (3), turn ½ L stepping L fw (&), step R slight diagonal fw (4) 06:00
5&6 Kick L over R (5), step down on L (&), touch R behind L (6) 06:00
&7&8 Step down on R (&), kick L to L diagonal (7), step L to L side (&), touch R next to L (8) 06:00

PART B (ONLY HAPPENS TO THE BACK)

[1-8] Side R, Sailor ¼ L, Step ½ L, Shuffle ½ L

1-2 Step R a big step to R side (1), slide L toward R 06:00
3&4 Cross L behind R (3), start turning ¼ L stepping R slightly back (&), step L fw (4) 03:00
5-6 Step R fw (5), turn ½ L stepping onto L (6) 09:00
7&8 Turn ¼ L stepping R to R side (7), step L next to R (&), turn ¼ L stepping R back 03:00

[9-16] L back rock, Step ¼ R, L jazz box

1-2 Rock L back (1), recover onto R (2) 03:00
3-4 Step L fw (3), turn ¼ R stepping onto R (4) 06:00
5-8 Cross L over R (5), step R back (6), step L to L side (7), cross R over L (8) 06:00

[17-24] Side L, Sailor ¼ R, Step ½ R, Shuffle ½ R (repeat first 8 but with opposite foot)

1-2 Step L a big step to L side (1), slide R toward L (2) 06:00
3&4 Cross R behind L (3), start turning ¼ R stepping L slightly back (&), step R fw (4) 09:00
5-6 Step L fw (5), turn ½ R stepping onto R (6) 03:00
7&8 Turn ¼ R stepping L to L side (7), step R next to L (&), turn ¼ R stepping L back 09:00

[25-32] R back rock, Step ¼ L, R jazz box (repeat second 8 but with opposite foot)

- 1-2 Rock R back (1), recover onto L (2) 09:00
3-4 Step R fw (3), turn ¼ L stepping onto L (4) 06:00
5-8 Cross R over L (5), step L back (6), step R to R side (7), cross L over R (8) 06:00

TAG – HAPPENS ONCE FACING 12:00

[1-8] Full circle L walkaround

- 1-4 Turn ¼ L stepping R fw (1), Hold (2), turn ¼ L stepping L fw (3), hold (4) 06:00
5-8 Turn ¼ L stepping R fw (1), Hold (2), turn ¼ L stepping L fw (3), hold (4) 12:00

[9-16] Slow side mambo touch, R jazz box

- 1-4 Rock R to R side (1), recover onto L (2), touch R next to L (3), hold (4)

Note: when doing this shimmy your shoulders or shake what your mamma gave ya :-) 12:00

- 5-8 Cross R over L (5), step L back (6), step R to R side (7), cross L over R (8) 12:00

Good luck & enjoy!
