

# Regrets

拍数: 64                      墙数: 4                      级数: Phrased Intermediate  
编舞者: Maggie Gallagher (UK) - March 2023  
音乐: Regrets - Flynn : (Amazon & iTunes)



**Intro: Start after the words "Suddenly You've Got" (10 secs)**

**Sequence: A, A, B, A, A, A, B, A, A, B (20 counts), A**

## Part A – 32 counts

### A1: RIGHT, ½ DOROTHY, HEEL, HOLD, & WALK, ½, ¼, POINT

1-2&                      Step forward on right, ½ left locking left behind right, Step slightly back on right [6:00]  
3-4&                      Touch left heel forward, HOLD, Step left next to right  
5-6                        Walk forward on right, ½ right stepping back on left [12:00]  
7-8                        ¼ right stepping right next to left, Point left to left side [3:00]

### A2: KICK &, FUNKY DIP WALKS x2, TOUCH, & TOUCH, HOLD, & TOUCH, HOLD

1&2                        Kick left slightly across right, Step left next to right, Walk forward on right bending knees  
3-4                        Walk forward on left bending knees, Touch right next to left  
&5-6                        Jump slightly back on right on left diagonal, Touch left next to right, HOLD  
&7-8                        Jump slightly back on left on right diagonal, Touch right next to left, HOLD

### A3: OUT OUT, WALK, ¼ FLICK, CROSS, ¼, ½, R DOROTHY

&1-2                        Small jump on right to right side, Small jump on left to left side, Walk forward on right  
3-4                        Keeping weight on right turn ¼ right flicking left back, Cross left over right [6:00]  
5-6                        ¼ left stepping back on right, ½ left stepping forward on left [9:00]  
7-8&                        Step right forward on right diagonal, Lock left behind right, Step forward on right [10:30]

### A4: ¼ WALK, HOLD, & WALK, RONDE HITCH, CROSS, BACK, ½, WALK

1-2&                        ¼ left walking forward on left, HOLD, Step right next to left [7:30]  
3-4                        Walk forward on left, Ronde hitch right knee slightly across left  
5-6                        Cross right over left, Step back on left straightening to [9:00]  
7-8                        ½ right stepping forward on right, Walk forward on left [3:00]

## Part B – 32 counts. Script describes Part B as first danced facing [6:00]

### B1: SIDE, POINT, SIDE, POINT, STEP, LOCK/DIP, STEP, ¼ FLICK

1-2                        Step right to right side rolling hips and bending knees slightly, Point left forward angling body to [4:30]  
3-4                        Step left to left side rolling hips and bending knees slightly, Point right forward angling body to [7:30]  
5-6                        Step forward on right to [7:30], Lock left behind right bending knees  
7-8                        Step forward on right, Keeping weight on right turn ¼ left flicking left back [4:30]

### B2: STEP, LOCK/DIP, STEP, FLICK, SLIDE, DRAG, ¼ SLIDE, DRAG

1-2                        Step forward on left to [4:30], Lock right behind left bending knees  
3-4                        Step forward on left, Flick right back  
5-6                        Slide back on right, Drag left to meet right [4:30]  
7-8                        ½ right sliding back on left, Drag right to meet left [6:00]

### B3: SIDE, POINT, SIDE, POINT, STEP, LOCK/DIP, STEP, ¼ FLICK

1-2                        Step right to right side rolling hips and bending knees slightly, Point left forward angling body to [4:30]  
3-4                        Step left to left side rolling hips and bending knees slightly, Point right forward angling body to [7:30]

**\*Restart here during the third repetition of Part B**

5-6 Step forward on right to [7:30], Lock left behind right bending knees  
7-8 Step forward on right, Keeping weight on right turn  $\frac{1}{4}$  left flicking left back [4:30]

**B4: STEP, LOCK/DIP, STEP, FLICK,  $\frac{5}{8}$  LEFT TURN WALKING R-L-R-L**

1-2 Step forward on left to [4:30], Lock right behind left bending knees  
3-4 Step forward on left, Flick right back  
5-6-7-8  $\frac{5}{8}$  left walking right, left, right, left in a circle [9:00]

**RESTART:** This occurs during the third repetition of Part B, which starts facing [3:00]  
Dance 20 counts of Part B, then restart the dance with Part A, facing [3:00]

**ENDING:** Dance 30 counts of the last repetition of Part A. Step right to right side on count 31, then step forward on left to finish facing [12:00]

Thank you to Margaret Hains for suggesting this track

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