

# A Shot of Therapy

**COPPER** **NOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Drinking My Feelings - Old Dominion : (Album: Time, Tequila & Therapy)



**Intro: 2 seconds, start with right foot to side on the word "Anger".**

## **[1-8] SIDE-TOGETHER, FWD SHUFFLE, SIDE-TOGETHER, FWD SHUFFLE**

1-2, 3&4      Step R to Side, Close L, Step R Fwd, Close L, Step R Fwd  
5-6, 7&8      Step L to Side, Close R, Step L Fwd, Close R, Step L Fwd

## **[9-16] ROCKING CHAIR, ½ PIVOT (2X)**

1-4      Rock R Fwd, Recover L, Rock R Back, Recover L  
5-8      Step R Fwd, ½ Turn L, Step R Fwd, ½ Turn L †

**\*Restart here on 4th rotation, facing 9 o'clock**

## **[17-24] WEAVE, LINDY**

1-4      Step R to Side, step L Behind R, Step R to Side, Step L Across R  
5&6, 7-8      Step R to Side, Close L, Step R to Side, Rock L Behind R, Recover R

## **[25-32] WEAVE, SHUFFLE, ROCK, ¼ TURN R**

1-4      Step L to Side, Step R Behind L, Step L to Side, Step R Across L  
5-8      Step L to Side, Close R, Step L to Side, Rock R Behind L, Recover L Making ¼ Turn R

**\*Restart, after 16 counts in 4th rotation, facing 9 o'clock.**

**†Easier option on Section 2, counts 5-8: Rocking Chair**

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