Ring of Ice

拍数: 32   **墙数:** 1   **级数:** Improver

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音乐: Ring of Ice (Stereoact Remix) - Jennifer Rush

Intro: 32 counts

Out Out (V-Step) - Coaster Step - Rock Step - Shuffle Back 1/2 Turn to Left

1 2	Step RF out into R diagonal, step LF out into L diagonal
3&4	Step RF back, Step LF beside RF, Step RF fwd
5 6	Rock LF lwd; Recover back to RF
7&8	Step LF back 1/4 Turn to Left, Step RF beside LF, Step LF forward 1/4 Turn to Left

Step Turn 1/4 Turn to Left - Cross Shuffle - Back - Together - Shuffle vw

1 2	Step RF fwd, Recover back to LF (1/4 Turn to Left)
3&4	Cross RF over LF, step LF to L side, cross RF over LF
5 6	LF back, RF close with weight
7&8	Step LF fwd, Close RF next to LF, Step LF fwd

Three Step Turn to Right - Together - Side - Cross Rock - Shuffle 1/4 Turn

1 3	Step RF forward 1/4 Turn to Right, Step LF side 1/4 Turn to Right, Step RF side 1/2 Turn to Right
&4	Close LF next to RF with weight , Step RF to side
5 6	Rock LF across front of RF; Recover back to RF
7&8	LF to side, RF close next to LF, RF fwd 1/4 Turn to Left

Restart on Walls 4, 8, 12

Rocking Chair - ½ Step Turn to Left - ½ Step Turn to Left

1 4	Rockstep RF fwd, Recover weight on LF, Rockstep RF back, Recover weight on LF
5 8	RF step fwd, 1/2 turn to left and LF step fwd, RF step fwd, 1/2 turn to left and LF step fwd

Have Fun!

Last Update: 9 Jun 2024