

Strong Kinda Something

拍数: 48 墙数: 2 级数: High Improver
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音乐: Damn Love - Kip Moore



Intro: 16 counts after beat kicks in

Section 1 - Side Rock/Recover, Ball, Side Rock/Recover, Cross, Side, 1/8 Back-Lock-Step

1-2& LF rock side, recover on RF, LF close on ball next to RF
3-4 RF rock side, recover on LF
5-6 RF cross over LF, LF step side 1:30
7&8 1/8 turn R & RF step back, LF lock in front of RF, RF step back

Section 2 - Back, 1/4 Fwd, Step-Lock-Step, Step Fwd, 1/8 Side, Sailor Step

1-2 LF step back, 1/4 turn R & RF step forward 4:30
3&4 LF step forward, RF lock behind LF, LF step forward
5-6 RF step forward, 1/8 turn R & LF step side 6:00
7&8 RF cross behind LF, LF step side, RF step side

Section 3 - Heel Grind, Ball-Cross, 1/4 Back, Chasse, Cross Rock/Recover

1-2& LF cross over RF on L-heel, twist L-toes to L while stepping RF side, LF close on ball next to RF
3-4 RF cross over LF, 1/4 turn R & LF step back 9:00
5&6 RF step side, LF close next to RF, RF step side
7-8 LF rock across RF, recover on RF

Section 4 - Side Rock/Recover, 1/4 Coaster Step, Step, 1/2 Pivot, 1/2 Turn Walking Back

1-2 LF rock side, recover on RF (optional: sways)
3&4 1/4 turn L & LF step back, RF close next to LF, LF step forward 6:00
5-6 RF step forward, make 1/2 turn L putting weight on LF 12:00
7-8 1/2 turn L & RF step back, LF step back 6:00

Section 5 - Back Rock/Recover, Heel Switches, Rock Fwd/Recover, Back-Lock-Step

1-2 RF rock back, recover on LF
3& RF touch heel forward, RF close on ball next to LF
4& LF touch heel forward, LF close on ball next to RF
5-6 RF rock forward, recover on LF
7&8 RF step back, LF lock in front of RF, RF step back

Section 6 - Back Rock/Recover, Side Rock-&-Cross, Slide, Behind Rock/Recover

1-2 LF rock back, recover on RF
3&4 LF rock side, recover on RF, LF cross over RF
5-6 RF take a large step side, drag LF towards RF
7-8 LF rock slightly behind RF, recover on RF

STRONG KINDA SOMETHING (Roy, Heather & Jeffke)

#2 Walls, no tags, no restarts!
You're welcome