

# If Anything

拍数: 32      墙数: 4      级数: Improver  
编舞者: Heather Barton (SCO) - April 2023  
音乐: If Anything's Left - Jamie Fine



**Intro: 8 Counts, Start at approx 4 secs**

**SEC 1 Walk, Walk, Anchor Step, ½ Step, ¼ Step, Weave**

1-2            Step right forward, step left forward  
3&4           Rock right back, recover weight onto left, rock right back  
5-6           Turn ½ left step left forward, turn ¼ left step right to right (3:00)  
7&8           Step left behind right, step right to right, cross left over right

**SEC 2 ½ Monterey, Side Rock Cross, Side, ¼ Side, ¼ Side Shuffle**

1-2            Point right to right, turn ½ right step right beside left (9:00)  
3&4           Rock left to left, recover weight onto right, cross left over right  
5-6           Step right to right, turn ¼ left step left to left (6:00)  
7&8           Turn ¼ left step right to right, step left beside right, step right to right (3:00)

**SEC 3 Back Rock, Side Rock Cross, ¼ Back, Side, Cross Shuffle**

1-2            Rock left back, recover weight onto right  
3&4           Rock left to left, recover weight onto right, cross left over right  
5-6           Turn ¼ left step right back, step left to left (12:00)  
7&8           Cross right over left, step left beside right, cross right over left

**SEC 4 Side Rock & Side Rock, ¼ Jazzbox**

1-2            Rock left to left, recover weight onto right  
&3-4          Step left beside right, rock right to right, recover weight onto left  
5-6           Cross right over left, step left back  
7-8           Turn ¼ right step right to right, step left forward (3:00)

---