

Therapy

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Therapy - Budjerah



Intro: 16 counts weight on left.

1 Tag end of wall 5

(1-8) Step, Drag, ¼ right, Step pivot ½, together, rock, replace, rock back, together, cross, side.

1-2a Big step RF, Drag LF behind RF, ¼ turn Right step RF forward.
3-4a Forward on LF, Pivot ½ right weight RF, Step LF together with RF.
5-6 Rock forward RF, Replace weight LF.
7a8a Rock back RF, Ball step LF next to RF, Cross RF over LF, LF to side. 9.00

(9-16) Rock, Replace, 1/8 Coaster turn right (10.30), together, step ½ pivot, forward together, forward together: Option change steps 7a8a to 2 full turns.

1-2 Cross RF over LF, Replace weight LF.
3a4a Sweep RF back turning 1/8 right, Step LF together RF, Forward RF, LF together RF.
5-6 Step forward RF ½ pivot left, Take weight on LF.
7a8a Step RF forward, Step LF together RF, Step RF forward, Step LF together RF. 5.30

(17-24) Cross rock replace, Side, Cross rock replace, Side, Side rock, 1/8 Replace (3.00), weave left with ¼ turn.

1-2a Cross RF over LF, Replace weight LF, Step RF to side.
3-4a Cross LF over RF, Replace weight RF, Step LF to side.
5-6 Rock right on RF, 1/8 turn left replace weight LF.
7a8a Sweep RF over LF, Step LF to left, Sweep RF behind LF, ¼ step LF forward. 12.00

(25-32) Pivot ½, ½ back together, back, ½ forward, Nightclub right, Nightclub left.

1-2 Step forward RF, Pivot ½ left weight LF.
3a4a ½ turn left back RF, LF together RF, Step back RF, ½ turn left forward LF.
5-6a Big step right RF, Drag LF behind RF, Replace weight RF.
7-8a Big step left LF, Drag RF behind LF, Replace weight LF. 6.00

Tag end of wall 5 facing 6 o'clock, restart facing 6 o'clock. Pivot ½ together, Pivot ½ together, Cross rock replace, Cross rock replace.

1-2a Step forward RF, Pivot ½ left weight LF, Step RF together LF.
3-4a Step forward LF, Pivot ½ right weight RF, Step LF forward.
5-6a Cross RF over LF, Replace weight LF, Step RF to right.
7-8a Cross LF over RF, Replace weight RF, Step LF to left.

Start again

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