

# Hey Cowboy

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Michael Richardson (USA) - April 2023  
音乐: Hey Cowboy - Devon Cole



Intro – 8 counts

No tags, 1 restart on Wall 3 after 16 counts

## [1-8] Step Stomp, Swivel and Turn, Coaster Step-Step, Scuff-Hitch Stomp

1-2            Step R forward(1), Stomp L Next to R(2)  
3&4            Swivel heels left(3), right(&), left(4) turning ¼ right on last swivel [3:00]  
5&6&          Step R back(5), Step L next to R(&), Step R forward(6), Step L forward(&)  
7&8            Scuff R heel(7), Turn ¼ left hitching R knee(&), Stomp R next to L(8) [12:00]

## [9-16] ¼ Turning Sailor, ¼ Turning Step-Drag-Stomp, Kick-Out-Out, Body Roll

1&2            Step L behind R(1), Turn ¼ left stepping R to right(&), Step L forward(2) [9:00]  
3&4            Turn ¼ left taking big step R to right(3), Drag L to R(&), Stomp L next to R(4) [6:00]  
5&6            Kick R forward(5), Step R to right(&), Step L to left(6)  
7-8            Start slow body roll towards right diagonal(7), Finish slow body roll(8)

\*\*\* RESTART HERE ON WALL 3 \*\*\*

## [17-24] ¼ Shuffle, ½ Shuffle, Back Rock-Recover, Walk X 2

1&2            Turn ¼ right stepping R forward(1), Step L next to R(&), Step R forward [9:00]  
3&4            Turn ¼ right stepping L to left(3), Step R next to L(&), Turn ¼ right stepping L back (4) [3:00]  
5-6            Rock R back(5), Recover L forward(6)  
7-8            Step R forward(7), Step L Forward(8)

## [25-32] ¼ Turning Hip-Roll X 2, Heel Jack, Ball-Cross, ¼ Turning Flick

1-2            Step R forward(1), Turn ¼ left rolling hips counter-clockwise shifting weight to L(2) [12:00]  
3-4            Step R forward(3), Turn ¼ left rolling hips counter-clockwise shifting weight to L(4) [9:00]  
5&6            Cross R over L(5), Step L to left(&), Touch R heel to right(6)  
&7            Step ball of R beside L(&), Cross L over R(7)  
8            Turn ¼ left flicking R back (8) [6:00]

Have fun, take your time, feel the groove.

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Last Update - 5 Sep 2023