

Hey Cowboy

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Michael Richardson (USA) - April 2023
音乐: Hey Cowboy - Devon Cole



Intro – 8 counts

No tags, 1 restart on Wall 3 after 16 counts

[1-8] Step Stomp, Swivel and Turn, Coaster Step-Step, Scuff-Hitch Stomp

1-2 Step R forward(1), Stomp L Next to R(2)
3&4 Swivel heels left(3), right(&), left(4) turning ¼ right on last swivel [3:00]
5&6& Step R back(5), Step L next to R(&), Step R forward(6), Step L forward(&)
7&8 Scuff R heel(7), Turn ¼ left hitching R knee(&), Stomp R next to L(8) [12:00]

[9-16] ¼ Turning Sailor, ¼ Turning Step-Drag-Stomp, Kick-Out-Out, Body Roll

1&2 Step L behind R(1), Turn ¼ left stepping R to right(&), Step L forward(2) [9:00]
3&4 Turn ¼ left taking big step R to right(3), Drag L to R(&), Stomp L next to R(4) [6:00]
5&6 Kick R forward(5), Step R to right(&), Step L to left(6)
7-8 Start slow body roll towards right diagonal(7), Finish slow body roll(8)

*** RESTART HERE ON WALL 3 ***

[17-24] ¼ Shuffle, ½ Shuffle, Back Rock-Recover, Walk X 2

1&2 Turn ¼ right stepping R forward(1), Step L next to R(&), Step R forward [9:00]
3&4 Turn ¼ right stepping L to left(3), Step R next to L(&), Turn ¼ right stepping L back (4) [3:00]
5-6 Rock R back(5), Recover L forward(6)
7-8 Step R forward(7), Step L Forward(8)

[25-32] ¼ Turning Hip-Roll X 2, Heel Jack, Ball-Cross, ¼ Turning Flick

1-2 Step R forward(1), Turn ¼ left rolling hips counter-clockwise shifting weight to L(2) [12:00]
3-4 Step R forward(3), Turn ¼ left rolling hips counter-clockwise shifting weight to L(4) [9:00]
5&6 Cross R over L(5), Step L to left(&), Touch R heel to right(6)
&7 Step ball of R beside L(&), Cross L over R(7)
8 Turn ¼ left flicking R back (8) [6:00]

Have fun, take your time, feel the groove.

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Last Update - 5 Sep 2023