

Unravel You

拍数: 32 墙数: 2 级数: Improver
编舞者: Christiane FAVILLIER (FR) - 5 April 2023
音乐: Unravel You - Chloé Caroline : (Album: Love of Race)



Intro before dance: 16 times

[1 to 8] - Step FWD Diagonally, Touch & Clap - Step Backward Diagonally, Touch & Clap - Kick Ball Step X 2

- 1 2 Advance RF diagonally right, tap in your hands, touch the point of the LF behind RF
- 3 4 Rack back LF in diagonal rear L, type in the hands, touch point of the RF in front of LF
- 5 & 6 Kick before R, bring RF near the LF, slightly lift the LF plant and rest
- 7 & 8 Kicks before R, bring RF near the LF, slightly lift the LF plant and rest

[9 to 16] - Step 1/2 Turn L, R Triple Step FWD, Rock Side, Behind Side Cross

- 1 2 Advance PD, rotate from 1/2 from turn to left
- 3 & 4 Move forward RF, bring LF behind RF, advance RF
- 5 6 Place LF on the left (with weight) and return to RF
- 7 & 8 Place LF behind RF, put RF on the right, cross LF in front of RF (6h)

****2nd Restart: After the 16 times of the 4th wall, departure 6 a.m. Arrival 12 noon, resume dance from the start!**

[17à 24] —Step Pivot 1/4 Turn, Hicht L - L triple step fwd - Heel Grind with ¼ Turn R -r Coaster Step

- 1 2 Advance RF pivot on site of 1/4 round to L by raising the left leg (3h)
- 3 & 4 Place LF on the left, bring RF near the LF, put LF on the left
- 5 6 Sweak the heel on the ground by rotating the point of the RF on ¼ turn to D (6h) ***
- 7 & 8 Back up RF, bring LF back near the RF, advance RF ***

***1st Restart: After the 24 times of the 2nd wall, departure 6 a.m. Arrival 12 noon, *** Replace the Coaster Step with a Rock Back of the PD (Pose PD behind and come back to the front) take the dance at the start!**

*****3rd Restart: After the 24 times of the 6th Wall, departure 6 a.m. Arrival 12 noon, *** Replace the Coaster Step with a Rock Back of the PD (Pose PD behind and come back to the front) take the dance at the start!**

[25-32] - Heel Switch X 3, Hook with LF & Together - Heel Switch X3, Hook with RF, Hold

- 1&2& Place heel L in front (1) Reduce LF near the RF (&) Place heel of the RF in front (2) Bring back RF Near the LF
- 3&4& Place heel L in front (3), cross LF in front of RF (&) Place heel L in front, (4) Bring LF near RF (&)
- 5&6& Place heel R in front (5) Reduce RF near the LF (&) Place heel L in front (6) Bring LF near RF (&)
- 7 8 Place heel R in front (7) cross right leg in front of leg L (8) HOLD

Final of the dance in order to meet at 12 noon: (start of the wall for 12h

***** You will be facing 6 a.m., make the coaster step over half a right you find yourself at 12:00 p.m. THANKS**

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