

# The Best Version of Me

拍数: 28      墙数: 2      级数: Improver  
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音乐: La mejor versión de mí - NATTI NATASHA



**Intro : 8 Counts - 1 TAG AFTER FIRST WALL - NO RESTARTS**

**Section 1 : Cross rock, recover, 3/4 Turn R Sweep, Behind, Side, Cross rock, Recover, 1/4 Turn R, Walk RL**

1-2&      Cross rock R over , Recover on L, 1/4 Turn right step R forward  
3-4&      1/2 Turn right step L back and sweep R out, Step R behind, Step L side  
5 - 6&      Cross R over , Recover on L , 1/4 Turn right step R forward  
7-8      Step L forward, Step R forward.

**Section 2: BNC L-R, 5/8 Turn R, Step, Rock, Recover, Back, Back**

1-2&      Step L side , Slightly Behind, Cross L over  
3-4&      Step R side , Slightly behind, Cross R over  
5-6&      1/4 Turn step L back, 3/8 Turn step R forward, Versi L forward  
7-8&      Recover on R, Step L back, Step R back [7.30]

**Section 3 : Walk L-R, 1/2 Diamond shape Fallaway, Behind, 1/4 Turn, Step**

1-2      1/2 Turn left Step L forward, Step R forward  
3-4&      Step L side, 1/8 turn right Step R back, Step L back  
5-6 &      1/8 Turn right Step R side, 1/8 Turn right Step L forward , Step R forward  
7-8&      1/8 Turn right Step L side, Step R behind, 1/4 Turn left Step L forward [6.00]

**Section 4 : Spiral Turn, Rock, Recover, Side**

1-2      Step R forward full turn on R with L hook, Rock L forward  
3-4      Recover on R , Step L Side.

**TAG : Diagonally Rocking Chair**

1-2      Cross rock R over , Recover on L,  
3-4      Rock R diagonally back, Recover on L

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