

More of You (Mer Av Dig)

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Ronny Palerud Larsen (NOR) - April 2023
音乐: Mer av dig - Theoz : (Melodifestivalen 2023)



1 RESTART AFTER 16 COUNTS ON WALL 4.

[1-8] VINE RIGHT, HIP BUMPS LEFT AND RIGHT

1,2,3,4 Step RF right, step LF behind Rf, step RF right, touch LF beside RF
5,6,7,8 Step LF left bumping left hip left twice, recover to RF bumping right hip right twice.

[9-16] VINE LEFT, ROCKING CHAIR

1,2,3,4 Step LF left, step RF behind LF, step LF left, touch RF beside LF
5,6,7,8 Rock RF forward, recover to LF, rock RF back, recover to LF

RESTART HERE ON WALL 4

[17-24] TOE STRUT 3/4 TURN

1,2,3,4 Touch right toe forward, step RF down, touch left toe forward turning 1/2 turn left, step LF down
5,6,7,8 Touch right toe forward, step down on RF, touch left toe left turning 1/4 left, step down on LF

[25-32] CROSSING TOE STRUTS X2, JAZZ BOX

1,2,3,4 Cross right toe over LF, step down on RF, touch left toe left, step down on LF
5,6,7,8 Cross RF over LF, step LF back, step Rf right, cross LF over RF

Ending: Facing 3 o'clock after wall 10

1,2,3 Turn 1/4 left stepping RF back, step LF left, hold

Arms: Put right arm right palms facing forward, put left arm left palms facing forward, put both arms forward index fingers pointing forward.
