

This Good Life

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Susan Reynolds (USA) - April 2023
音乐: Good Vibes - Chris Janson



No Tags or Restarts

Intro: 16 counts from first beat. Start with lyrics

WALK, WALK, FORWARD MAMBO, WALK, WALK, COASTER

1-2 Walk R forward, Walk L forward
3&4 Rock R forward, Recover on L, Step R back
5-6 Walk L backward, Walk R backward
7&8 Step L back, Step R back beside L, Step L forward

Restart here on Wall 3 (6:00) after 8 counts

SIDE ROCK RECOVER, SAILOR, BACK, BACK, STOMP, TOUCH

1-2 Rock R to R side, Recover on L
3&4 Step R behind L, Step R to side, Step R in place
5-8 Step L back, Step R back, Stomp L beside R, Touch R beside L

SIDE SHUFFLE, HEEL TAPS SIDE SHUFFLE, KICK-BALL-CHANGE

1&2 Step R to R side , Step L to side beside R, Step R to R side
3-4 Tap L heels twice
5&6 Step L to L side , Step R to side beside L, Step L to L side
7&8 Kick R forward, recover on Ball of R, Step L in place.

HEEL GRIND TURNING ¼ R, COASTER, BACK, BACK, STOMP, TOUCH

1& Place R heel forward with toes facing in, Swivel heel to outside as turn ¼ R
2 Step L back
3&4 Step R back, Step L back beside R, Step R forward
5-8 Step L back, Step R back, Stomp L beside R, Touch R beside L

See my other dance videos at: SusanReynolds@susanreynoldslinedances

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