Bottle of Time



编舞者: Stephanie Beinhorn (USA) - April 2023

音乐: Time In A Bottle - Jim Croce



Intro: 24 counts plus a pause (12 secs), start on lyrics "I"

Restart: On Wall 4, after instrumental section – start on lyrics "I" (1:28), facing 3:00

Section 1: L Twinkle, R Twinkle

1-3 Cross L over R, Step R to R, Step L in place4-6 Cross R over L, Step L to L, Step R in place

Section 2: L Back Twinkle, R Back Twinkle

1-3 Cross L behind R, Step R to R, Step L in place4-6 Cross R behind L, Step L to L, Step R in place

Section 3: L Front Basic, R Back Basic

1-3 Step L forward, Step R next to L, Step L in place4-6 Step R back, Step L next to R, Step R in place

Section 4: L Front Basic 1/2 Turn R, R Back Basic

1-3 Step L forward, Step R turning ½ Turn R, Step L beside R (6:00)

4-6 Step R back, Step L next to R, Step R in place

* Option: (1-3) Raise arms above head then down

** Restart here on Wall 4, on lyrics "I"

Section 5: Step Kick, Coaster 1/4 turn R

1-3 Step L, Kick R, hold

4-6 Bring R down turning ¼ R, Step L back, Step R forward (9:00)

Section 6: Step Kick, Coaster 1/4 turn R

1-3 Step L, Kick R, hold

4-6 Bring R down turning ¼ R, Step L back, Step R forward (12:00)

Section 7: Weave, Scissor

1-3 Cross L in front, Step R out, Cross L behind4-6 Step R out, Recover on L, Cross R over L

Section 8: L Lunge Diagonal, Coaster ¼ turn R

1-3 Step L Diagonal and reach arms forward for 3 counts (toward 10:30)

4-6 Step R back turning ¼ R, Step L back, Step R forward while arms come down for 3 counts

(3:00)

*** To end facing forward, instead of the half turn at the beginning of section 4, turn forward for the end and curtsy

Memory tip – all turns in this dance go to the right (clockwise) to represent the passing of time