

Dancing Across the Usa

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Improver
编舞者: Bev Vinge (AUS) - April 2023
音乐: Dancin' Across the USA - Lindsey Buckingham



Start on the Word Dancin' (2 Beats)

WALK FORWARD R-L, SHUFFLE FORWARD, FORWARD, ROCK, SHUFFLE BACK

1,2,3&4 Walk forward: R-L, Shuffle forward: R-L-R,
5,6,7&8 Step forward on L, Rock back on R, Shuffle back: L-R-L.

SIDE, ROCK, BEHIND, SIDE, ¼ TURN, FORWARD, ROCK, COASTER STEP

1,2,3&4 Step R to side, Rock on L, Step R behind L, Step L to side, Turn ¼ Left Step R forward,
5,6,7&8 Step L forward, Rock back on R, Step L back, Step R together, Step L forward. (9:00)

TOE, HEEL, CROSS SHUFFLE, TOE, HEEL, CROSS SHUFFLE

1, 2 Touch R toe next to L (toe in, heel up), Touch R heel next to L (heel in, toe up),
3 & 4 Cross Shuffle R over L: R-L-R,
5, 6 Touch L toe next to R (toe in, heel up), Touch L heel next to R (heel in, toe up),
7 & 8 Cross Shuffle L over R: L-R-L.

SIDE, TOGETHER, SHUFFLE BVACK, SIDE, TOGETHER, SHUFFLE FORWARD

1,2,3&4 Step R to side, Step L together, Shuffle back: R-L-R,
5,6,7&8 Step L to side, Step R together, Shuffle forward: L-R-L.

SIDE, ROCK, BEHIND, SIDE, ROCK, BEHIND, SIDE, ROCK

1,2,3 Step R to side, Rock on L, Step R behind L,,
4,5,6 Step L to side, Rock on R, Step L behind R,
7, 8 Step R to side, Rock on L.

MAMBO FORWARD, HOLD, MAMBO BACK, HOLD

1,2,3,4 Step R forward, Rock back on L, Step R together, Hold,
5,6,7,8 Step L back, Rock forward on R, Step L together, Hold.

FIGURE 8

1,2,3 * Step R to side, Step L behind R, Turn ¼ Right Step R forward,
4,5,6 Step L forward, Pivot ½ turn Right, Turn ¼ Right Step L to side,
7, 8 Step R behind L, Turn ¼ Left Step L forward. (6:00)

ROCKING CHAIR, MONTEREY ¼ TURN

1,2,3,4 Step R forward, Rock back on L, Step R back, Rock forward on L,
5,6,7,8 Point R to side, Turn ¼ Right Step R together, Point L to side, Step L together. (9:00)

64 REPEAT

ENDING: Dance to Count 51 (*) Paddle turn ¼ turn Right, Step L together.