

# I Wrote A Dance

**COPPER KNOB**  
BY STEPHEN

拍数: 64                      墙数: 2                      级数: Intermediate  
编舞者: Ross Brown (ENG) - April 2023  
音乐: I Wrote A Song - Mae Muller : (CD: I Wrote A Song - Single)  
或: Sleepwalker - Ava Max



**Intro : 16 Counts (Approx. 7 Seconds)**

**Tags : Danced at the Ends of Walls 1 & 3 facing the Back Wall. See End of Script.**

**WALK FORWARD. RONDE HITCH, CROSS, BACK ¼ TURN R. SHUFFLE ¼ TURN R.**

1 – 2 – 3 – 4      Walk forward; R, L, R, L.

5 – 6 – 7          Ronde hitch R forward, cross step R over L, make a ¼ turn R stepping L back.

8 & 1              Make a ¼ turn R stepping; R to R, L next to R, R to R.(6 O'CLOCK)

**Note : Feel free to throw in some exciting arm actions during the Walk Forward.**

**If dancing to the Alternative Track, you may want to pretend to be Sleepwalking.**

**CROSS ROCK. CHASSE LEFT. CROSS, BACK. OUT, OUT, BALL, CROSS.**

2 – 3              Cross rock L over R, recover onto R.

4 & 5              Step L to L, close R up to L, step L to L.

6 – 7              Cross step R over L, step L back.

& 8 & 1            Step R to R, step L to L, step R next to L, cross step L over R.(6 O'CLOCK)

**MONTEREY HOOK ½ TURN R. SHUFFLE FORWARD. FORWARD ROCK. BACK, TOUCHES.**

2 – 3              Point R to R, make a ½ turn R hooking R across L shin.

4 & 5              Step R forward, close L up to R, step R forward.

6 – 7              Rock L forward, recover onto R.

& 8 & 1            Step L back, touch R forward, step R back, touch L forward. (12 O'CLOCK)

**HOLD, SIDE ¼ TURN L. SYNCOPATED SIDE SWITCHES. ROLLING VINE FULL TURN L.**

2 & 3              Hold for Count 2, make a ¼ turn L stepping L to L, point R to R.

4 & 5              Hold for Count 4, step R next to L, point L to L.

6 – 7 – 8          Make a ¼ turn L stepping L forward, make a ½ turn L stepping R back, make a ¼ turn L stepping L to L.(9 O'CLOCK)

**JAZZ BOX. SHUFFLE FORWARD. CROSS, BACK ¼ TURN R. CHASSE ¼ TURN R.**

1 – 2 – 3          Cross step R over L, step L back, step R to R.

4 & 5              Step L forward, close R up to L, step L forward.

6 – 7              Cross step R over L, make a ¼ turn R stepping L back.

8 & 1              Step R to R, close L up to R, make a ¼ turn R stepping R forward. (3 O'CLOCK)

**SIDE ¼ TURN R, BEHIND. CHASSE ¼ TURN L. STEP, PIVOT ½ TURN L. SIDE ¼ TURN L, TOGETHER.**

2 – 3              Make a ¼ turn R stepping L to L, cross step R behind L.

4 & 5              Step L to L, step R next to L, make a ¼ turn L stepping L forward.

6 – 7              Step R forward, pivot a ½ turn L.

8 &                Make a ¼ turn L stepping R to R, step L next to R. (6 O'CLOCK)

**HIP ROLL RIGHT with TAP. HIP ROLL LEFT with TAP. SAILOR STEPS; R & L.**

1 – 2              Step R to R rolling hips anticlockwise, tap L to L.

3 – 4              Step L to L rolling hips clockwise, tap R to R.

5 & 6              Cross step R behind L, step L to L, step R to R.

7 & 8              Cross step L behind R, step R to R, step L to L. (6 O'CLOCK)

**STEP, PIVOT ½ TURN L. SHUFFLE FORWARD. STEP, PIVOT ½ TURN R. SHUFFLE FORWARD.**

1 – 2            Step R forward, pivot a ½ turn L.  
3 & 4            Step R forward, close L up to R, step R forward.  
5 – 6            Step L forward, pivot a ½ turn R.  
7 & 8            Step L forward, close R up to L, step L forward. (6 O'CLOCK)

**END OF DANCE! □**

**TAG : DANCED AT THE END OF WALLS 1 & 3 FACING BACK WALL BOTH TIMES.**

1 – 2 – 3 – 4     Rock R forward, recover onto L, rock R back, recover onto L.

**Alternative Music : Sleepwalker by KOMfKGicFm4 [Length – 3:11]**

**CD: Diamonds & Dancefloors (126 BPM)**

**Intro : 16 Counts (Approx. 7 Seconds)**

**Restarts : On Walls 1 & 3, restart the dance after 56 Counts facing the Back Wall.**

**Tag : Danced TWICE at the End of Wall 4 facing the Front Wall.**

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