

Broke

拍数: 32 墙数: 2 级数: Improver
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音乐: Broke (feat. Thomas Rhett) - Teddy Swims



[1 – 8]: STEP RIGHT, HOLD, & STEP, KICK BEHIND, ¼ TURN, SHUFFLE

- 1 – 4 Step right (R) foot out – feet parallel & apart (1), hold (2), bring left in and step (&), R foot out to right side – still apart and parallel (3), kick L foot behind R leg (4)
- 5 – 8 Step back on L making a ¼ turn over R shoulder (5), step down on R making a ½ turn over R shoulder (6), shuffle forward L, R, L (7&8)

[1 – 8]: KNEE WALKS, STEP, DRAG, & CROSS, STEP

- 1 – 4 Walk forward R, L, R, L while knocking knees together when stepping weight down (1, 2, 3, 4)
- 5 – 8 Step out wide to R on R foot (5), drag left foot in (6), step down on left (&), cross R over L (7), step L foot down (8)

[1 – 8]: BACK BODY ROLL, BACK BODY ROLL, ROCK RECOVER, LEFT ¼ TURN

- 1 – 4 Step back on R while rolling your body (1), bring L toe in & touch in front of R (2), step back on L while rolling body (3), bring R toe in and touch in front of L (4)
- 5 – 8 Rocking chair back on R (5), recover onto L (6), step forward on L (7) and swivel hips around to back wall keeping weight on L foot (8)

[1 – 8]: POP WALKS R & L, FORWARD TOUCH, BACK STEP

- 1 – 4 Step forward on R & bring L toe into arch area of R foot – pop the R hip out to R side (1), step forward on L & bring R toe into arch area of L foot – pop L hip out to L side (2), repeat 1 & 2 (3, 4)
- 5 – 8 Step forward on R, bending over and rolling hands downward disco style (1), touch L toe behind R foot (2), step back on L, standing back up & rolling hands upward disco style (3), touch R toe in front of L (4)

Repeat

Restarts – both times are on the front wall. You will do the first 24 counts, then restart on walls 2 & 6

Last Update - 13 Apr 2023