

Line of Duty

拍数: 96
编舞者: Rex Allott (UK) - April 2023
音乐: Do Your Duty - Bessie Smith

墙数: 4

级数: Phrased Improver



Sequence - A,A,B,A,A,B,A,C,C,B,C

Intro - 16 beats

A. – 32c

S1. Rock R fwd, back, R cha cha, rock L, back, fwd L cha cha

- 1-2. Rock R fwd, back L
- 3&4. Cha cha cha R, L, R
- 5-6. Rock L back, fwd R
- 7&8. Cha cha cha L, R, L

S2. Point R toe diagonally out, in x 2, rpt L

- 1-4. Point R toe diagonally out R, return x 2
- 5-8. Point L toe diagonally out L, return x 2

S3. Vine R, L

- 1-2. Step R to R, step L behind R
- 3-4. Step R to R, step L. next to R
- 4-5. Step L to L, step R behind L
- 5-6. Step L to L, step R next to L

S4. 3/4 walking turn R, 1/2 walking turn L

- 1-4. Turning 3/4 R, step R to R, step L next to R, step R to R, step L next to R
- 5-8. Turning 1/2 L, step L to L, step R next to L, step L to L, step R next to L

B. – 32c

S1. Chasse R, rock L behind R, full walking turn R

- 1&2. Step R to R, step L next to R, step R to R
- 3-4. Rock L behind R, recover on R
- 5-8. Make full turn R stepping L fwd, R back, L fwd, R back

S2. Step L toe fwd, tap heel x 4, rock R fwd, back, R cha cha

- 1-2. Step L toe fwd, drop heel
- 3&4. Tap L heel x 3
- 5-6. Rock R fwd, back
- 7&8. Cha cha cha L, R, L

S3. Chasse L, rock R behind L, full walking turn L

- 1&2. Step L to L, step R next to L, step L to L
- 3-4. Rock R behind L, recover on L
- 5-8. Make full turn L stepping R fwd, L back, R fwd, L back

S4. Step R toe fwd, tap heel x 4, rock L back, fwd, L cha cha

- 1-2. Step R toe fwd, drop heel
- 3&4. Tap R heel x 3
- 5-6. Rock L back, fwd
- 7&8. Cha cha cha R, L, R

C. – 32c

S1. Cross R over L, pause x2, cross L over R, pause x 2, 1/2 step turn R, rock R fwd, cha cha

- 1&2. Cross R over L, pause x 2
- &3&4. Step R back, cross L over R, pause x 2
- &5-6. Step L back, turning 1/2 R, step R fwd, step L next to R
- 7&8&. Step R fwd, cha cha cha L, R, L

S2. Jump R, L to R, jump L, R to L x 2, jump R, L to R

- 1-2. Jump R to R, step L next to R
- 3-4. Jump L to L, step R next to L
- 5-6. Jump L to L, step R next to L
- 7-8. Jump R to R, step L next to R

S3. Jump R, L fwd, jump L, R back x 2, jump R,L fwd

- 1-2. Jump R fwd, step L next to R
- 3-4. Jump L back, step R next to L
- 5-6. Jump R back, step L next to R
- 7-8. Jump L fwd, step R next to L

S4. Cross R over L, pause x 2, cross L over R, pause x 2, rock R fwd, back, R cha cha

- 1&2. Cross R over L, pause x 2
 - &3&4. Step R back, cross L over R, pause x 2
 - &5-6. Step L back, step fwd R, step L next to R
 - 7&8&. Step L back, cha cha cha R, L, R
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