All for You

拍数: 32

级数: Beginner / High Beginner Funky

编舞者: Amy Christian (USA) - April 2023

音乐: All for You - Janet Jackson

Intro: 32 counts. (Begin right after the countdown in the lyrics, 4-3-2-1.)

KICK-STEP-STEP, TWIST-TWIST, L COASTER STEP, PIVOT ½,

- 1&2 Kick R forward, Step R forward, Step L forward,
- 3 Twist both heels to left as your body turns 1/8 right, but your head stays forward 12:00,
- 4 Twist both heels 1/8 left (back in place), [12:00]
- 5&6 L Coaster step,
- 7-8 Step R forward, Pivot ½ turn left, stepping L forward, [6:00]

SWITCH & SWITCH, HITCH L ACROSS R KNEE, TOUCH L OUT, ¼ BODY ROLL, L COASTER,

- 1&2 Touch R out to right side, Replace R next to L, Touch L out to left side,
- 3-4 Hitch L across R knee, Touch L out to left side,
- 5-6 With weight still on R and with L still touching out, do a body roll with a ¼ turn left, [3:00] 7&8 L Coaster step,
- rad L Coaster step,

HEEL SWITCHES, BALL, 1/2 PIVOT, WALK, WALK, SIDE, TOUCH L BEHIND R (SNAP),

- 1&2& Place R heel forward, Step R next to L, Place L heel forward, Step L next to R,
- 3-4 Step R forward, Pivot ¹/₂ turn left stepping forward, [9:00]
- 5-6 Walk forward on R, Walk forward on L, (Turning option $\frac{1}{2}$ $\frac{1}{2}$ turning left),
- 7-8 Step R to right side, Bend R knee slightly as you Touch L behind R as you LOOK right and **Snap R fingers**,

SIDE, HOLD, TOGETHER, SIDE, TOUCH, DIAG BACK, TOUCH, DIAG BACK, TOUCH,

- 1-2&3 Step L to left side, Hold, Step R next to L, Step L out to side,
- 4 Touch R next to L (CLAP),
- 5-6 Step R diagonally back, Touch L next to R,
- 7-8 Step L diagonally back, Touch R next to L,
- Start over!

Email: amyc@linefusiondance.com





墙数:4