Ur Time Is Up



编舞者: Claudette Melton-Morrison (USA) - March 2023 音乐: I Don't Love You Anymore - Teddy Pendergrass



Intro: 16 Counts

**TAG A&B - Only danced once at the beginning of the dance after 16 counts facing 12:00

TAG A

[1-8] CROSS ROCK R, SHUFFLE, CROSS ROCK L, SHUFFLE,

1,2 Cross R over L, Recover L

3&4 Step R to side, Step L next to R, Step R to side

5,6 Cross L over R, Recover R

7&8 Step L to side, Step R next to L, Step L to side

TAG B

[1-8] WEAVE L & R

1-4 Cross R over L, Step L to side, Step R behind L, Point L side
5-8 Cross L over R, Step R to side, Step L behind, Touch R beside L

Dance starts on vocals

[1-8] WALK TO R, TOUCH, WALK TO L, TOUCH

1-4 Walking R, L, R toward 3:00, Touch L next to R5-8 Walking L, R, L toward 9:00, Touch R next to L

[9-16] V STEP, R STEP FORWARD, PIVOT 1/4 L, STOMP, STOMP

1,2 R Step forward toward 1:00, L Step forward toward 11:00

3,4 R Step back home, L Step next to R

5,6 Step R forward, Pivot ¼ L

7,8 Stomp R, Stomp L

[17-24] K STEP

1,2 R Step diagonal forward, Touch L next to R
3,4 L Step diagonal back home, Touch R to L
5,6 R Step diagonal back, Touch L next to R

7,8 L Step diagonal forward home, Touch R next to L

[25-32] WALK BACK, ROCKING CHAIR

1-4 Walk back R, L, R, L

5-8 Rock forward R, Recover L, Rock back R, Recover L

Start Dance Again!

Happy Dancing!