Rising Phoenix



编舞者: JGGDC (USA) - April 2023

音乐: My Next Broken Heart - Brooks & Dunn



Starts 16 counts in, weight on left.

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1&2 Chasse (Side Step) RLR

3-4 Rock L behind R, replace L next to R

5&6 Chasse (Side Step) LRL

7-8 Rock R behind L, replace R next to L

S2 - Right rock/recover, 1/2 R turn to 6:00, Left rock/recover, Left coaster Step

1-2 Rock forward R, Recover L

3&4 Turn Back Right to 6:00, shuffle L, Shuffle R

5-6 Rock forward L, Recover R

7&8 Rock Back L, Recover R, Step L next to R

S3 - Hip bumps, Right Points, Right Sailor

1-2 Hip bump R x2 3-4 Hip bump L x2

5-6 R point forward, R point Side

7&8 Rock R behind L, Recover L, R next to L

S4 - Left points, Quarter Left Sailor, Jazz box

1-2 L point forward, L point Side

3&4 Rock L behind R Recover R turning to 9:00 ,L next to R

5-8 Cross R over L, Step L to Side Step R Back, Step L next to R

Last Update: 13 Apr 2023