

Jhoom (aka Swing)

拍数: 64 墙数: 2 级数: Advanced
编舞者: Mark Furnell (UK) & Chris Godden (UK) - April 2023
音乐: Jhoom Jo Pathaan - Vishal & Shekhar, Arijit Singh, Sukriti Kakar, Vishal Dadlani & Shekhar Ravjiani



Intro: 32 Counts, Start at approx 26 secs

SEC 1 Back Rock, Kick, Side, Back Rock, ¼ Step, ¾ Paddle Turn, Flick

1&2& Rock left back, recover weight onto right, kick left to left diagonal, step left to left
3&4 Rock right back, recover weight onto left, turn ¼ right step right forward (3:00)
5-6 Turn ¼ right point left to left, turn ¼ right point left to left (9:00)
7-8 Turn ¼ right point left to left, flick left behind right (12:00)

SEC 2 Side Rock, Weave, Side, ¼ Side, ¼ Side, Drag

1-2 Rock left to left, recover weight onto right
3&4 Step left behind right, step right to right, cross left over right
5-6 Step right to right, turn ¼ left step left to left (9:00)
7-8 Turn ¼ left step right to right dragging left towards right (6:00)

Restart Here on Wall 2 and 5, On Wall 5 dance the Tag then Restart

SEC 3 Back Rock, Side Rock x4

1& Rock left back hitching right knee, recover weight onto right
2& Rock left to left hitching right knee, recover weight onto right
3& Rock left back hitching right knee, recover weight onto right
4& Rock left to left hitching right knee slash right arm down, recover weight onto right
5& Rock left back hitching right knee, recover weight onto right
6& Rock left to left hitching right knee, recover weight onto right
7& Rock left back hitching right knee, recover weight onto right
8 Step left to left hitching right knee slash both arms down

SEC 4 Side Rock, Ball Side, Slash, Full Rolling Vine, Clap x2,

1-2 Rock right to right, recover weight onto left
&3-4 Step right beside left, step left to left, slash right arm to left
5-6 Turn ¼ right step right forward, turn ½ right step left back (3:00)
7&8 Turn ¼ right step right to right, clap twice (6:00)

SEC 5 Heel Grind & Heel Grind, Ball Extended Weave, Heel Lift

1-2 Grind left heel over right, step right to right
&3-4 Step left beside right, grind right heel over left, step left to left
&5&6 Step right beside left, cross left over right, step right to right, step left behind right
&7&8 Step right to right, cross left over right, lift both heels, drop both heels

SEC 6 Whisk, Whisk, ¼ Walk, Walk, ½ Run Run Run

1-2& Step right to right, rock left back, recover weight onto right
3-4& Step left to left, rock right back, recover weight onto left
5-6 Turn ¼ right step right forward, step left forward (9:00)
7&8 Turn ¼ right step right forward, step left forward, turn ¼ right step right forward (3:00)

SEC 7 Rock, Ball, Kick, Back, Look, Hip, Hip, Shuffle Sweep

1-2 Rock left forward, recover weight onto right
&3&4 Step left back, kick right forward, step right back, look back over right shoulder

5-6 Bump left hip forward, bump right hip back
7&8 Step left forward, step right beside left, step left forward sweeping right from back to front

SEC 8 Samba Step, Samba Step, ¾ Volta Turn, Clap x2

1&2 Cross right over left, rock left to left, recover weight onto right
3&4 Cross left over right, rock right to right, recover weight onto left
5& Turn ¼ right cross right over left, step left beside right (6:00)
6& Turn ¼ right cross right over left, step left beside right (9:00)
7&8 Turn ¼ right cross right over left, clap twice (12:00)

Tag After 16 counts of Wall 5, Dance the Tag then Restart

Arm Circle, Sways

1-4 Circle arms to sides bringing hands together in prayer position
5-8 Step left to left sway left, sway right, sway left, hold
1-4 Sway right, sway left, sway right, hold

Arms On all sways, snake hands in direction of the sways

Last Update: 10 Apr 2023
