

# I Got This

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Amy Christian (USA) - April 2023  
音乐: I Got This - Jerrod Niemann



Intro: 16 counts. (no tags or restarts).

**KICK & POINT, KICK & POINT, SAILOR STEP, ¼ SAILOR STEP,**  
1&2      Kick R forward, Step R next to L, Touch L out to left side,  
3&4      Kick L forward, Step L next to R, Touch R out to right side,  
5&6      R Sailor step,  
7&8      L Sailor step with a ¼ turn left, [9:00]

**KICK & HEEL & TOE & HEEL, OUT-OUT, SWIVEL IN TOE-HEEL-TOE,**  
1&2&      Kick R forward, Step R next to L, Place L heel forward, Step L next to R,  
3&4      Touch R toe next to L, Step R next to L, Place L heel forward,  
&5      Step L out to left side, Step R out to right side,  
6-8      Swivel R toe in, Swivel R heel in, Swivel R toe in,

**BIG SLIDE, HITCH, COASTER CROSS, BIG SLIDE, HITCH, COASTER STEP,**  
1-2      Take a big step to the right on R, Hitch L,  
3&4      L coaster step with a CROSS, (Step back on L, Step R next to L, Cross L over R,)  
5-6      Take a big step to the right on R, Hitch L,  
7&8      L coaster step, (Step back on L, Step R next to L, Step L forward)

**ROCK FORWARD, RECOVER, ½ SHUFFLE, ½ SHUFFLE, ROCK BACK, RECOVER,**  
1-2      Rock R forward, Recover back on L,  
3&4      Step ¼ turn right on R, Step L next to R, ¼ turn right step R forward, [3:00]  
5&6      Step ¼ right on L, Step R next to L, ¼ right stepping L back, [9:00]  
**\*(Easy option for counts 3&4 and 5&6 – Do 2 Back Shuffles (R-L-R, L-R-L,) [9:00]**  
7-8      Rock back on R, Recover forward on L,

Start over!

Email: [amyc@linefusiondance.com](mailto:amyc@linefusiondance.com)