

# Feel Like Dancing

**COPPER** **NOB**  
BY STEPHEN MRAZ

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Thomas Haynes (USA) - April 2023  
音乐: I Feel Like Dancing - Jason Mraz



## V-step, toe taps in place

- 1-2-      Step right diagonal forward, step left diagonal forward.
- 3-4-      Step right back in place, step left back in place next to right
- 5-6-      Lean body back towards left, raise right heel while bending right knee forward, touch right toes in place, straighten up body step down on right in place.
- 7-8-      Lean body back towards right, raise left heel while bending left knee forward, touch left toes in place, straighten up body step down on left in place.

## Right vine, left toe heel fans

- 1-2-      Step right on right, cross left behind right.
- 3-4-      Step right on right, step left next to right.
- 5-6-      Fan left toes to left, fan heel left
- 7-8-      Return heel center, return toes center

## Left vine 1/4 turn left, Rocking chair

- 1-2-      Step left on left, cross right behind left.
- 3-4-      Step left on left turning 1/4 turn left, brush right next to left.
- 5-6-      Rock forward on right, recover on left.
- 7-8-      Rock back on right, recover on left.

## hip bumps

- 1-2-      step right in place while bumping hips right twice
- 3-4-      Bump hips left twice
- 5-6-      Roll hips right, left.
- 7-8-      Roll hips right, left.

**(feel free to move your hips any way you like)**

**Begin Again.... and enjoy**

**At end of wall 8 second time facing front wall on last 4 counts of dance after hip bumps left. you hear everybody freeze just stomp right in place arms straight out hands open, hold for 3 beats start back on vocals.**