

Follow You

拍数: 40 墙数: 4 级数: Beginner
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音乐: I Will Follow You - Ricky Nelson



Intro = 32 counts

1 Tag (after wall 4)

2 Restart (on wall 3 & 5 after 32c)

I. WALK FORWARD 3X, HOLD, ROCK RECOVER HOLD

1-2 Step Rf forward , Step Lf forward
3-4 Step Rf forward ,hold
5-6 Rock Lf forward, recover onto RF
7-8 Step Lf back, hold

II. 1/2 RUMBA BOX, SWAY 3X, HOLD

1-2 Step Rf to side, close Lf next Rf
3-4 Step Rf forward, hold
5-6 Sway L, Sway R
7-8 Sway L, hold

III. ROCK FORWARD, TURN 1/4 R, BIG STEP, BACK MAMBO

1-2 Rock RF forward, recover onto LF
3-4 Make 1/4 turn right big stepping Rf to side, hold
5-6 Rock Lf backward, recover onto RF
7-8 Step Lf forward, hold

IV. 2X FORWARD TOE STRUT, ROCKING CHAIR

1-2 Touch R toe forward , step Rf forward
3-4 Touch L toe forward, step Lf
5-6 Step Rf forward, recover back onto LF
7-8 Step Rf back, recover forward onto Lf

RESTART HERE on wall 3 & 5

V. 2X PADDLE TURN 1/4 L, JAZZ BOX

1-2 1/4 turn L touch R toe to right side, step Lf in place
3-4 1/4 turn L touch R to to right side, step Lf in place
5-6 Cross Rf over Lf, step Lf back
7-8 Step Rf to side, step Lf forward

TAG : 8C

OUT OUT IN IN, STOMP

1-2 Step Rf forward diagonal , Step Lf forward diagonal
3-4 Step Rf back to center , Step Lf next to Rf
5-6 -7-8 stomp Rf to R side, hold 3 ×

Happy Dancing !!

RR, NNS, AN, FT

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