Keep Your Boots On

级数: Improver

编舞者: Sydney Radcliffe (USA) - April 2023

音乐: Hey Cowboy - Devon Cole

Intro: 8 counts (4 seconds)

拍数: 32

Stomp, Shake, Behind Side Cross, Stomp, Shake, Sailor Step w/Turn

- 1-2 Stomp right, shake (weight on right)
- 3&4 Cross left behind right, step right out to the right, cross left in front of right (weight on left)
- 5-6 Stomp right, shake (weight on right)
- 7&8 Step left behind right with quarter turn to the left, step forward right, step forward left (weight on left)

Walk, Walk, Shuffle, Rock Recover

- 1-2 Walk right (weight on right)
- 3-4 Walk left (weight on left)
- 5&6 Shuffle forward right, left, right (weight on right)
- 7-8 Rock left, recover right (weight on right)

Step Back, Sweep, Coaster Step, Lock Step, Lock Step

- 1 Step back left, turn over left shoulder (weight on left)
- 2 Sweep right foot around (weight on left)
- 3&4 Step back right, together left, forward right (weight on right)
- 5&6 Step forward left, lock step right behind left, step forward left (weight on left)
- 7&8 Step forward right, lock step left behind right, step forward right (weight on right)

Rock Recover, Coaster Step, Heel, Heel, Out, Out, Shake

- 1-2 Rock left forward, recover right (weight on right)
- 3&4 Step back left, step together right, step forward left (weight on left)
- 5&6& Touch right heel forward, replace right foot, touch left heel forward, replace left foot (weight on left)
- 7&8 Step out right, step out left, shake (weight on left)

RESTART: Wall 3 after first 16 counts – add an AND before 1-2 to get the stomp in the right place. No other restarts or tags

Step, Stomp, Shake AFTER 7&8: Rock left, recover right (weight on right) ADD &1-2: Step left back, stomp out right, shake... (continue dance normally)

Last Update: 29 Jun 2023





墙数:4