

Nyong Manis

拍数: 32 墙数: 4 级数: Improver
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音乐: Nyong Manis - Sanza Soleman



Intro : 46 counts

SECTION 1 : CROSS ROCK, STEP RIGHT TO RIGHT SIDE, CROSS CROCK, STEP LEFT TO LEFT SIDE

- 1 & 2 & 3 & 4 Cross rock RF over LF, recover LF, step RF to right side, recover on left, Cross rock RF over LF, Recover LF, step RF to right side
5 & 6 & 7 & 8 Cross rock LF over RF, recover RF, step LF to left side, recover on right, Cross rock LF over RF, recover RF, step LF to left side

SECTION 2 : LONG STEP DIAGONAL FORWARD, TOE TOUCH, BACKWARD R , HITCH L, BACKWARD L HITCH R

- 1 & 2 & Step RF diagonal forward right, touch LF toe beside RF, Step LF diagonal forward left, touch RF toe beside LF
3 & 4 & Step RF diagonal forward right, touch LF toe beside RF, Step LF diagonal forward left, touch RF toe beside LF
5 & 6 & Backward RF, hitch LF, Backward LF, hitch RF
7 & 8 & Backward RF, hitch LF, Backward LF, hitch RF

SECTION 3 : CHASSE RIGHT, CHASSE LEFT, 1/4 TURN CHASSE RIGHT, CHASSE LEFT

- 1 & 2 step RF to right side, close LF beside right, step RF to right side
3 & 4 step LF to left side, close RF beside left, step LF to left side
5 & 6 ¼ turn left, step RF to right side, close LF beside right, step RF to right side
7 & 8 step LF to left side, close RF beside left, step LF to left side

SECTION 4 : CHARLESTON

- 1 – 2 Step forward RF, point touch forward LF
3 – 4 Backward LF, point touch backward RF
5 – 6 Step forward RF, point touch forward LF
7 – 8 Backward LF, point touch backward RF

2 TAG

TAG 1 AFTER WALL 3

SWAY

- 1 – 2 Sway R,L

TAG 2 AFTER WALL 4

½ TURN LEFT, ½ TURN LEFT, OUT OUT

- 1 – 2 step RF forward, ½ turn left, recover LF (06.00)
3 – 4 step RF forward, ½ turn left, recover LF (12.00)
5 – 6 step RF forward, step LF forward beside R

RESTART ON WALL 2 (16 COUNT)

HAPPY DANCING