

Team

拍数: 32 墙数: 4 级数: Beginner
编舞者: Tri Retno Sukeksi (INA) - April 2023
音乐: Team - Lorde



Dance start on music after 2 Count
Restart on Wall 4 after 16 Count

Section 1. WALK, PIVOT 1/2 TURN L , PIVOT 1/4 TURN L

1-2 (1) Step RF forward in front of LF, (2) reverse
3-4 repeat 1-2
5-6 (5) Step RF forward, (6) 1/2 turn L weight on LF,
7-8 (7) Step RF forward, (8) 1/4 turn L weight on LF

Section 2. CROSS SHUFFLE TO L , ROCK STEP TO L. CROSS SHUFFLE TO R, ROCK STEP TO R.

1&2 (1&) Cross RF over LF, Step LF to L side, (2) Cross RF over LF.
3-4 (3) Rock LF to L, (4) recover on RF
5&6 (5&) Cross LF over RF, Step RF to R side, (6) Cross LF over RF.
7-8 (7) Rock RF to R, (8) Recover on LF.

Section 3. LOCK SHUFFLE FORWARD, ROCK STEP FORWARD , LOCK SHUFFLE BACK, ROCK STEP BACK.

1&2 (1&) Step RF forward, Step LF behind RF (2) Step RF forward.
3-4 (3) Rock LF fwd, (4) Recover on RF
5&6 (5&) Step LF back, Cross RF over LF. (6) Step LF Back.
7-8 (7) Rock RF back, (8) Recover on LF.

Section 4. VINE, ROLLING VINE

1-2 (1) Step RF to R (2) Cross LF behind RF
3-4 (3) Step RF to R, (4) Touch LF beside RF.
5-6 (5) 1/4 turn L Step LF fwd, (6) 1/2 turn L Step RF back
7-8 (7) 1/4 turn L Step LF to L (8) Touch RF beside LF.

Happy Dancing for healthy

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