Time To Swing

级数: Intermediate

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音乐: Time To Swing - Helmut Lotti

SIDE CHASSE & ROCK

1&2 chasse to right

拍数: 48

- 3-4 rock back left
- 5&6 chasse to left
- 7-8 rock back right

TRIPLE TURNS & ROCKS

- 1&2 triple ½ Turn to L
- 3-4 rock back left
- 5&6 triple ½ Turn to R
- 7-8 rock back right

SWIVELS KICK BALL WALK X 2 - PIVOT 1/2 - PIVOT 1/4

- 1&2 kick ball walk R (with swivel L heel to L)
- 3&4 kick ball walk R (with swivel L heel to L)
- 5-6 Right step fwd pivot ½ turn to left
- 7-8 Right step fwd pivot ¼ turn to left

SHIMMY JAZZ - SYNCOPATED SPIT (OUT OUT IN IN)

- 1-2 cross R over L, L step back
- 3-4 R step with R L together R
- 5-6 R to R(out) L to L (out)
- 7-8 R to center (in) L to center (in)

SUGARFOOT HOLD R - SUGARFOOT HOLD L- & TRAVELLING SUGARFOOT R,L,R,L

- 1-2 R swivel to R (3ième position) HOLD (head to R)
- 3-4 L swivel to L (3ième position) HOLD (head to L)
- 5678 Swivels fwd R-L-R-L (head to fwd)

FULL TURN AROUND THE WORLD (with clicks & hold)

- 1-2 Make ¼ T to R with R HOLD (click)
- 3-4 Make ¼ T to R with L HOLD (click)
- 5-6 Make 1/4 T to R with R HOLD (click)
- 7-8 Make ¼ T to R with L HOLD (click)





墙数:4