

# Put Me Up, Put Me Down (Coco Jamboo)

**COPPER**KNOB  
STEPSHEETS

拍数: 24                      墙数: 1                      级数: Beginner  
编舞者: Lou DeSoto (USA) & Sandy DeSoto (USA) - March 2023  
音乐: Coco Jamboo - Mr. President



**Intro: 32 counts (no tags or restarts)**

## **SHUFFLE RIGHT, SHUFFLE LEFT (2X)**

1&2                      Shuffle to side R,L,R  
3&4                      Shuffle to side L,R,L  
5&6                      Shuffle to side R,L,R  
7&8                      Shuffle to side L,R,L

## **WALK (STRUT) FORWARD, WALK (STRUT) BACK**

1-2                      Step R forward, step L forward  
3-4                      Step R forward, step L forward  
5-6                      Step R back, step L back  
7-8                      Step R back, step L back

## **SHUFFLE FORWARD, ROCK-RECOVER, SHUFFLE-TURN, STEP-TURN**

1&2                      Shuffle forward R,L,R  
3-4                      Rock L forward, recover to R  
5&6                      Turn 1/2 Left and shuffle forward L,R,L  
7-8                      Step R forward, turn 1/2 left (weight to L)

**Repeat & Enjoy.**

**Submitted by Don Corrigan - donjcor@aol.com**

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