

Rahmatan

拍数: 56 墙数: 1 级数: Phrased Intermediate
编舞者: Bambang Satiyawan (INA) - March 2023
音乐: Rahmatun Lil'Alameen - Maher Zain



DANCE SECTION: A-B-A- A-B-A-B-C-C-A-A-B

Start dance on vocal,

PART A.

I. SYNCOPATED WEAVE-SIDEVROCK RECOVER-BEHIN-SIDE-CROSS

1 - 2 Cross RF over LF, Step LF to side
3&4 Cross RF behind LF, Step LF to side, Cross RF over LF
5 - 6 Rock LF to side, Recover on RF
7&8 Cross LF behind RF, Step RF to side, Cross LF over RF

II. DIAGONAL ROCK RECOVER-BEHIND-SIDE- CROSS-DIAGONAL ROCK RECOVER-BACK-TURN AND FORWARD-FORWARD

1 - 2 Rock RF diagonal forward, Recover on LF (facing diagonal)
3&4 Cross RF slightly behind LF, Step LF to side (squaring to 12.00), Cross RF over LF
5 - 6 Rock LF diagonal forward, Recover on RF (facing diagonal)
7&8 Step LF back, Turn 1/2 right Step RF forward, Step LF forward

III. DIAGONAL LOCK STEP-DIAGONAL LOCK SHUFFLE-FORWARD ROCK RECOVER- CHASSE TURN

1 - 2 Step RF diagonal forward, Lock LF behind RF
3&4 Step RF diagonal forward, Lock LF behind RF, Step RF forward
5 - 6 Squaring 1/8 left Rock LF forward, Recover on RF
7&8 Turn 1/4 left Step LF to side, Close RF beside LF, Step LF to side

IV. FORWARD-SWEEP-CROSS-SIDE-BACK AND SWEEP-BEHIND-TURN AND FORWARD-TRAVELING TURN

1 - 2 Step RF forward, Sweep LF forward
3&4 Cross LF over RF, Step RF to side, Step LF back and Sweep
5 - 6 Cross RF behind LF, Turn 1/4 left Step LF forward
7 - 8 Turn 1/2 left Step RF back, Turn 1/4 left Step LF to side

PART B.

BASIC NIGHT CLUB (R-L)- TURN AND FORWARD AND SWEEP-CROSS-SIDE- BACK AND SWEEP-BEHIND-TURN AND FORWARD

1 -2& Step RF to side, Close LF slightly behind RF, Cross RF over LF
3 -4& Step LF to side, Close RF slightly behind LF, Cross LF over RF
5 -6& Turn 1/4 right Step RF forward and Sweep LF forward, Cross LF over RF, Step RF to side
7 -8& Step LF back and Sweep RF back, Cross RF behind LF, Turn 1/4 left Step LF forward

PART C.

I. FULL DIAMOND

1 -2& Step RF to side, Turn 1/8 left Step LF back, Step RF back
3 -4& Turn 1/8 left Step LF to side, Turn 1/8 left Step RF forward, Step LF forward
5 -6& Turn 1/8 left Step RF to side, Turn 1/8 left Step LF back, Step RF back
7 -8& Turn 1/8 left Step LF to side, Turn 1/8 left Step RF forward, Step LF forward

II. BASIC NIGHT CLUB-TURN AND FORWARD-TRAVELING TURN-FORWARD AND SWEEP-CROSS-SIDE-BACK AND SWEEP AND TURN-BEHIND-CLOSE/SIDE

1 -2& Turn 1/8 left Step RF to side, Close LF slightly behind RF, Cross RF over LF

3 -4& Turn 1/4 left Step LF forward, Turn 1/2 left Step RF back, Turn 1/2 left Step LF forward
5 -6& Step RF forward and Sweep LF forward, Cross LF over RF, Step RF to side
7 -8& Step LF back and Sweep RF back by turning 1/4 right, Cross RF behind LF, Step LF to side
(or close)

Enjoy the dance,

Contact person: bambang.1709@gmail.com
