

Get On The Floor Again

COPPER **KNOB**
BY STEPHEN

拍数: 40 墙数: 2 级数: Improver
编舞者: Shirley Bang (MY) & Penny Tan (MY) - April 2023
音乐: On The Floor (feat. Pitbull) (Burak Balkan Club Remix) - Jennifer Lopez



Dance start from vocals

*No tag / 1 restart

Restart: On Wall 4 dance 32 counts and restart ,facing 12:00

SEC1: BOTAFOGO RL , BACK BOTAFOGO RL

1a2 Cross RF over LF , rock LF to L , recover on RF
3a4 Cross LF over RF , rock RF to R , recover on LF
5a6 Cross RF behind LF , rock LF to L , recover on RF
7a8 Cross LF behind RF , rock RF to R , recover on LF

SEC2: STATIONARY SAMBA WALK, ¼ TURN L SAMBA WHISK

1a2 Step RF beside LF , rock back on LF , recover on RF
3a4 Step LF beside RF , rock back on RF , recover on LF
5a6 ¼ turn L , step RF to R , rock LF behind RF , recover on RF (9:00)
7a8 Step LF to L , rock RF behind LF , recover on LF

SEC3: FWD MAMBO, ¼ L TURN FWD SHUFFLE, ¼ R TURN FWD MAMBO, ¼ L TURN FWD SHUFFLE

1a2 Rock RF fwd , recover on LF , step RF beside LF (optional: push hips back while step together)
3a4 ¼ turn L , fwd shuffle L-R-L
5a6 ¼ turn R , Rock RF fwd , recover on LF , step RF beside LF (optional: push hips back while step together)
7a8 ¼ turn L , fwd shuffle L-R-L (facing 6:00)

SEC4: FWD MAMBO, HITCH, COASTER STEP, MAMBO RL

1a2a Rock RF fwd , recover on LF , step RF back , hitch LF
3a4 Step LF back , step RF beside LF , step LF fwd
5a6 Rock RF to R , recover on LF , step RF beside LF
7a8 Rock LF to L , recover on RF , step LF beside RF

SEC5: MODIFIED V STEP, SAILOR STEPS RL

a1-2 Step RF diagonally fwd(a) , step LF diagonally fwd (1), hold (2)
a3-4 Step RF back to center (a), step LF beside RF(3), hold (4)
5a6 Cross RF behind LF , step LF to L , step RF on R
7a8 Cross LF behind RF , step RF to R , step LF on L

Have Fun! Happy dancing!

Contacts:

pennytanml@hotmail.com

shirleybsl@hotmail.com