# Ready To Be Loved

级数: Improver

编舞者: Sandra Speck (UK) - March 2023

音乐: Ready To Be Loved - St. Lundi

Music available from iTunes

拍数: 32

#### #16 count intro, approx. 8 seconds (starts on the word GROUND)

## S1. SIDE BEHIND BALL CROSS SIDE, BACK ROCK, KICK BALL CROSS

- 1-2 Step right to side, step left behind right.
- &3-4 Step onto ball of right, cross left over right, step right to side
- 5-6 Back rock on left, recover onto right.
- 7&8 Kick left forward, step on ball of left, cross right over left.

## S2. SIDE ROCK, BACK ROCK, SIDE ROCK, SAILOR ½ TURN CROSS.

- 1-2 Rock side on left, recover on to right.
- 3-4 Rock back on left, recover onto right.
- 5-6 Rock side on left, recover on to right.
- 7&8 Step left behind right making ¼ turn left, make ¼ turn left stepping right to side, cross left over right.

## S3. SIDE BEHIND CHASSE ¼, STEP ½ PIVOT, SHUFFLE ½

- 1-2 Step side on right, cross left behind right,
- 3&4 Step right to side, close left next to right, turn ¼ right stepping forward on right.
- 5-6 Step forward on left, pivot ½ turn right.
- 7&8 Step on left turning ¼ right, close right next to left, step on left making ¼ turn right.

## S4. ¼ TOUCH, ¼ SHUFFLE, STEP ½ PIVOT, WALK X 2

- 1-2 Turn ¼ right stepping right to side, touch left next to right.
- 3&4 Turn ¼ left stepping forward on left, close right next to left, step forward on left.
- 5-6 Step forward on right, pivot ½ turn left.
- 7-8 Step forward on right, step forward on left.





**墙数:**4