

Running Up That Hill

拍数: 32 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - March 2023
音乐: Running Up That Hill (feat. KHANHLINH) - VISERLE : (Spotify / Apple Music /
Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(48 counts intro)

[S1] Behind, Side Rock-Behind-1/4R-1/4R, Behind-1/4L-Side Rock-Cross, Side

1 2& Step R behind L, Rock L to the side, Replace weight on R
3&4 Step L behind R, Make a ¼ turn right stepping forward on R (3:00), Make a ¼ turn right
stepping L to the side (6:00)
5& Step R behind L, Make a ¼ turn left stepping forward on L (3:00)
6& Rock R to the side, Replace weight on L
7 8 Cross R over L, Step L to the side

[S2] Back Rock, L Paddle Turn-Cross-3/4R Turn, Side Mambo 1/4L Turn, Cross

1 2 Rock back on R, Replace weight on L
3&4 Touch forward on R, Make a ¼ turn left recover weight on L (12:00), Cross R over L
5& Make a ¼ turn right stepping back on L, Make a ½ turn right stepping R beside L (9:00)
6&7 Rock L to the side, Replace weight on R making a ¼ turn left (6:00), Step L together
8 Cross R over L (prep for pushing back shuffle)

[S3] Shuffle Run Back ¼ Turn Sequence, Sailor 1/4R-Side

1&2 Shuffle back on L-R-L
3&4 Make a swift ¼ turn right shuffle back on R-L-R (3:00)
5&6 Make a swift ¼ turn left shuffle back on L-R-L (6:00)
7&8 Making a ¼ turn right step R behind L (9:00), Step L beside R, Step R to the side
& Step L to the side

[S4] Swivet w/ Hitch, Box Step w/ Cross, Side, Swivet w/ Hitch, Cross Rock-Side

1 2 Fanning L toe to the left and R heel to the right, Return and hitch R knee
&3 Cross R over L, Step back on L
&4 Step R to the side, Cross L over R
5 6& Step R to the side, Fanning right toe to right and left heel to left, Return and hitch R knee
7&8 Rock/cross L over R, Replace weight on R, Step L to the side

Ending suggestion: The last wall finishes facing 6:00 o'clock.
Make a ½ pencil turn to the left on ball of L foot (12:00)

(updated: 26/Feb/23)