

Easy Strolling

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Ira Weisburd (USA) - March 2023
音乐: Easy Strolling (out of print)*

级数: Absolute Beginner / Beginner



Choreographed by: Ira Weisburd (USA) 1982/2023

Introduction: 16 counts. Start @ approx. 10 sec.

NO TAGS !! NO RESTARTS !!

* For Special Track, Email: dancewithira@comcast.net

PART I. (FORWARD, LOCK, STEP, HOLD; FORWARD, LOCK, STEP, HOLD)

1-2 Step R diagonally forward (1:30), Step L behind R
3-4 Step R forward, Hold
5-6 Step L diagonally forward (10:30), Step R behind L
7-8 Step L forward, Hold

PART II. (ROCKING CHAIR; JAZZ 1/4 R TURN, HOLD)

1-2 Step R forward, Recover back onto L
3-4 Step R back, Recover forward onto L
5-6 Step R across L, Step L back making 1/4 R Turn (3:00)
7-8 Step R to R, Hold

PART III. (CROSS, SIDE, BACK, SIDE; CROSS, SIDE, BACK, SWEEP)

1-2 Step L across R, Step R to R
3-4 Step L back, Step R to R
5-6 Step L across R, Step R to R
7-8 Step L back, Sweep R (from front to back)

PART IV. (BACK, SIDE, CROSS, SIDE; BACK, SIDE, CROSS ROCK, RECOVER)

1-2 Step R back, Step L to L
3-4 Step R across L, Step L to L
5-6 Step R back, Step L to L
7-8 Step R across L, Recover back onto L

REPEAT DANCE.

Last Update: 31 Mar 2023