

Don't Mess With Exes

拍数: 32 墙数: 4 级数: Beginner
编舞者: Silvia Schill (DE) - March 2023
音乐: Don't Mess With Exes - Mackenzie Carpenter



The dance begins after 16 beats with vocals

S1: Side, rock behind r + l, side, close

1-3 Step right with right - cross LF behind right - weight back on RF
4-6 Step left with left - cross RF behind left - weight back on LF
7-8 Step right with right - move LF next to right

S2: Chassé r, rock back, ¼ turn r, ¼ turn r, shuffle across

1&2 Step right with right - move LF next to right and step right with right
3-4 Step back with left - weight back on RF
5-6 ¼ turn right around and step back with left - ¼ turn right around and step right with right (6 o'clock)
7&8 Cross LF far over right - small step right with right and cross LF far over right

S3: Side, touch, kick-ball-cross, side, touch, heel-ball-cross

1-2 Step right with right - touch LF beside right
3&4 Kick LF diagonally left forward - move LF next to right and cross RF over left
5-6 Step left with left - touch RF next to left
7&8 Touch right heel diagonally right forward - move RF next to left and cross LF over right

S4: Figure of 8 vine r turning ¼ l

1-2 Step right with right - cross LF behind right
3-4 ¼ turn right around and step forward with right - step forward with left (9 o'clock)
5-6 ½ turn right around on both balls, weight at end right - ¼ turn right around and step left with left (6 o'clock)
7-8 Cross RF behind left - ¼ turn left around and step forward with left (3 o'clock)

Repeat to the end

Tag (after end of 8th round - 12 o'clock).

Side, touch/snap r + l

1-2 Step right with right - touch LF next to right/snap
3-4 Step left with left - touch RF next to left/snap

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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