

Derniere Danse (Last Dance) Rumba

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Absolute Beginner / Low Beginner
编舞者: Helaine Norman (USA) - March 2023
音乐: Dernière danse - Indila



Intro: 32 - No tags or restarts

Note: If desired, can be a 4-wall dance by making the last turn in Section IV a 1/2 R turn to 9:00 (instead of 1/4 R turn to 6:00)

I. FORWARD, HOLD, FORWARD, HOLD; SIDE, TOGETHER, BACK, HOLD

1-2 Walk R forward, hold
3-4 Walk L forward, hold
5-8 Step R side, step L together, step R back, hold

Optional styling for 1-4: Sweep over with steps forward

II. BACK, HOLD, BACK, HOLD; SIDE, TOGETHER, BACK, HOLD

1-2 Walk L back, hold
3-4 Walk R back, hold
5-8 Step L side, step R together, step L back, hold

Optional styling for 1-4: Sweep behind with steps back

III. BEHIND, HOLD, SIDE, HOLD; OVER, SIDE, OVER, HOLD

1-2 Step R behind (with sweep), hold
3-4 Step L side, hold
5-8 Step R over, step L side, step R over, hold

IV. SIDE, HOLD, STEP ¼ R TURN, HOLD; PIVOT ¼ R TURN, STEP, HOLD (SSQQS)

1-2 Lunge L side, hold
3-4 Recover to R making ¼ turn right (3:00), hold
5-6 Step L forward making ¼ turn right (6:00), weight to R
5-8 Step L slightly forward, hold

REPEAT

Helaine43@gmail.com

Last Update: 26 Mar 2023