

# Cinta Rasul

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Phrased Improver  
编舞者: Tita Mulyani (INA) - March 2023  
音乐: Rahmatun Lil'Alameen - Maher Zain



**Start Dance on Vocal - 3 Tags - 2 Restarts**

**Sequence : A - A(16) ↯ B - B - A - A(16) ↯ B - B - Tag - C - C - C - Tag - B - B - B - B - Tag**

**Part A : 32 Counts**

**SEC 1 : STEP FORWARD R,L – STEP SIDE – BACK WALK – STEP SIDE – CLOSE – STEP FORWARD – PIVOT ¼ TURN LEFT**

1 2            Step forward R, L  
3&4          Step R to side, Step back on L, Step back on R  
5&6          Step L to side, Close R together L, Step L forward  
7 8            Step R forward, ¼ turn left step L in place

**SEC 2 : CROSS SHUFFLE – SIDE ROCK – RECOVER – CROSS SHUFFLE – PIVOT ¼ TURN LEFT**

1&2          Cross R over L, Step L to side, Cross R over L  
3 4            Rock L to side, Recover on R  
5&6          Cross L over R, Step R to side, Cross L over R  
7 8            Step R forward, ¼ turn left step L in place

**SEC 3 : CROSS TOUCH (R,L) – ROCKIN CHAIR**

1 2            Cross R over L, Touch L to left side  
3 4            Cross L over R, Touch R to right side  
5 6            Rock R forward, Recover on L  
7 8            Rock R back, Recover on L

**SEC 4 : SIDE MAMBO (R,L) – JAZZ BOX**

1&2          Rock R to right side, Recover on L, Close R together L  
3&4          Rock L to left side, Recover on R, Close L together R  
5 6            Cross R over L, Step L back  
7 8            Step R to side, Step L forward

**Part B : 16 Counts**

**SEC 1 : CROSS OVER – RECOVER – CHASSE – (R,L)**

1 2            Cross R over L, Recover on L  
3&4          Step R to right side, Close L together R, Step R to right side  
5 6            Cross L over R, Recover on R  
7&8          Step L to left side, Close R together L, Step L to left side

**SEC 2 : SYNCOPHATED WEAVE – PIVOT ½ TURN LEFT – ROCKIN CHAIR**

1&2&        Cross R over L, Step L to side, R cross behind L, Step L to side  
3 4            Step R forward, ½ turn left recover on L  
5 6            Rock R forward, Recover on L  
7 8            Rock R back, Recover on L

**Part C : 16 Counts**

**SEC 1 : DIAGONAL WALK FORWARD – WALK BACK TO CENTRE WITH SWEEP – CLOSE**

1 2            1/8 turn right step R forward, Step L forward  
3 4            Rock R forward, Recover on L  
5 6            Step R back and sweep L, Step L back and sweep R

7 8 Step R back to centre, Close L together R

**SEC 2 : DIAGONAL WALK FORWARD – WALK BACK TO CENTRE WITH SWEEP – CLOSE**

1 2 1/8 turn left step R forward, Step L forward

3 4 Rock R forward, Recover on L

5 6 Step R back and sweep L, Step L back and sweep R

7 8 Step R back to centre, Close L together R

**TAG : 16 Counts**

**SEC 1 : STEP SIDE – HOLD – CROSS BEHIND – RECOVER – (R,L)**

1 2 Big step on R to side, Hold

3 4 L cross behind R, Recover on R

5 6 Big step on L to side, Hold

7 8 R cross behind L, Recover on L

**SEC 2 : PADDLE FULL TURN**

1 2 Step R forward, ¼ turn left recover on L

3 4 Step R forward, ¼ turn left recover on L

5 6 Step R forward, ¼ turn left recover on L

7 8 Step R forward, ¼ turn left recover on L

**Enjoy the Dance**

**Email: [litarosa1981@gmail.com](mailto:litarosa1981@gmail.com)**

---