

# The Thing That Wrecks You

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Low Intermediate  
编舞者: Rosa Beltran Greentree (AUS) - March 2023  
音乐: The Thing That Wrecks You - Tenille Townes & Bryan Adams



**\*1 Restart: Restart after the Step Change on Wall 9 facing 12:00**

**\*\*2 Tags:**

**Tag1 - 8 counts after Wall 4 facing 12:00**

**~Tag2 - 12 counts after Wall 8 facing 12:00 (Tag1 + 4x Side with sways)**

**~2 Step Change: SC1 - on Wall 9 after 12 counts**

**SC2 - at the end of Wall 10 on the last 4 counts, to end the dance.**

**Intro/Start: Start on the vocals "car"**

**S/1: R Side, L Together, Side Mambo right, L Side, R Together, Side Mambo left**

1 2                      Step R to side, Step L beside R

3&4                     Rock step R to side, Recover on L, Step R beside L

5 6                     Step L to side, Step R beside L

7&8                     Rock step L to side, Recover on R, Step L beside R

**S/2: 1/2Turn Mambo to right, Full Turn, L Fwd, Fwd Mambo, Coaster Step**

1&2                     Rock fwd on R, Recover on L, 1/2Turn to right Step R fwd

3&4                     1/2Turn to right Step back on L, 1/2Turn to right Step R fwd, Step L fwd 6:00

5&6                     Rock fwd on R, Recover on L, Step back on R

7&8                     Step back on L, Step R beside L, Step L fwd

**\*Step Change here after counts 3&4 on Wall 9**

**\*Restart here facing 12:00 after the Step Change on Wall 9**

**S/3: Cross Samba (R,L), R Cross, 1/2Turn Unwind to left, Diagonal Slides (R,L)**

1&2                     Cross R over L, Rock step L to side, Recover on R

3&4                     Cross L over R, Rock step R to side, Recover on L

5 6                     Cross R over L, 1/2turn Unwind to left keeping weight on L 12:00

7 8                     Slide fwd on R diagonally to right, Slide fwd on L diagonally to left

**S/4: Back Rock Side (R,L), 1/4 TURN to right JAZZ BOX**

1&2                     Rock R behind L, Recover on L, Step R to side

3&4                     Rock L behind R, Recover on R, Step L to side

5 6                     Cross R over L, Step back on L

7 8                     1/4turn to right Step R to side, Step L fwd (3:00)

**Tag1 here for 8 counts facing 12:00 after Wall 4**

**Tag2 here for 12 counts facing 12:00 after Wall 8**

**Begin dance again.**

**Restart - on Wall 9 after the Step Change facing 12:00**

**Step Change1 - on Wall 9 after 12 counts**

5 - 8                     Step R fwd (5), 1/2turn Pivot to left on L (6), Step R fwd (7), Step L fwd (8)

**Step Change2 - Change 1/4Turn Jazz Box to Jazz Box Cross at the end of Wall 10**

5 - 8                     Cross R over L (5), Step back on L (6), Step back on R (7), Cross L over R (8)

**Tag1 - 8 counts facing 12:00 after Wall 4**

**Rock Fwd, Recover, Lock Back Shuffle, Rock Back, Recover, Lock Fwd Shuffle**

1 - 8            Rock fwd on R (1), Recover on L (2), Step back on R (3), Lock L over R (&), Step back on R (4), Rock back on L (5), Recover on R (6), Step L fwd (7), Lock R behind L(&), Step L fwd (8)

**Tag2 - 12 counts facing 12:00 after Wall 8**

**Tag1 + Side with sways (R,L,R,L)**

1 - 8            same as Tag1

9 - 12          R Step to side sway right (9), Sway left (10), Sway right (11), Sway left (12)

**End of dance: Dance to the end of Wall 10 with the Jazz Box Cross**

lovepeace2all

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