

The Thing That Wrecks You

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Rosa Beltran Greentree (AUS) - March 2023
音乐: The Thing That Wrecks You - Tenille Townes & Bryan Adams



***1 Restart: Restart after the Step Change on Wall 9 facing 12:00**

****2 Tags:**

Tag1 - 8 counts after Wall 4 facing 12:00

~Tag2 - 12 counts after Wall 8 facing 12:00 (Tag1 + 4x Side with sways)

~2 Step Change: SC1 - on Wall 9 after 12 counts

SC2 - at the end of Wall 10 on the last 4 counts, to end the dance.

Intro/Start: Start on the vocals "car"

S/1: R Side, L Together, Side Mambo right, L Side, R Together, Side Mambo left

1 2 Step R to side, Step L beside R

3&4 Rock step R to side, Recover on L, Step R beside L

5 6 Step L to side, Step R beside L

7&8 Rock step L to side, Recover on R, Step L beside R

S/2: 1/2Turn Mambo to right, Full Turn, L Fwd, Fwd Mambo, Coaster Step

1&2 Rock fwd on R, Recover on L, 1/2Turn to right Step R fwd

3&4 1/2Turn to right Step back on L, 1/2Turn to right Step R fwd, Step L fwd 6:00

5&6 Rock fwd on R, Recover on L, Step back on R

7&8 Step back on L, Step R beside L, Step L fwd

***Step Change here after counts 3&4 on Wall 9**

***Restart here facing 12:00 after the Step Change on Wall 9**

S/3: Cross Samba (R,L), R Cross, 1/2Turn Unwind to left, Diagonal Slides (R,L)

1&2 Cross R over L, Rock step L to side, Recover on R

3&4 Cross L over R, Rock step R to side, Recover on L

5 6 Cross R over L, 1/2turn Unwind to left keeping weight on L 12:00

7 8 Slide fwd on R diagonally to right, Slide fwd on L diagonally to left

S/4: Back Rock Side (R,L), 1/4 TURN to right JAZZ BOX

1&2 Rock R behind L, Recover on L, Step R to side

3&4 Rock L behind R, Recover on R, Step L to side

5 6 Cross R over L, Step back on L

7 8 1/4turn to right Step R to side, Step L fwd (3:00)

Tag1 here for 8 counts facing 12:00 after Wall 4

Tag2 here for 12 counts facing 12:00 after Wall 8

Begin dance again.

Restart - on Wall 9 after the Step Change facing 12:00

Step Change1 - on Wall 9 after 12 counts

5 - 8 Step R fwd (5), 1/2turn Pivot to left on L (6), Step R fwd (7), Step L fwd (8)

Step Change2 - Change 1/4Turn Jazz Box to Jazz Box Cross at the end of Wall 10

5 - 8 Cross R over L (5), Step back on L (6), Step back on R (7), Cross L over R (8)

Tag1 - 8 counts facing 12:00 after Wall 4

Rock Fwd, Recover, Lock Back Shuffle, Rock Back, Recover, Lock Fwd Shuffle

1 - 8 Rock fwd on R (1), Recover on L (2), Step back on R (3), Lock L over R (&), Step back on R (4), Rock back on L (5), Recover on R (6), Step L fwd (7), Lock R behind L(&), Step L fwd (8)

Tag2 - 12 counts facing 12:00 after Wall 8

Tag1 + Side with sways (R,L,R,L)

1 - 8 same as Tag1

9 - 12 R Step to side sway right (9), Sway left (10), Sway right (11), Sway left (12)

End of dance: Dance to the end of Wall 10 with the Jazz Box Cross

lovepeace2all

Contact: Rosa Beltran Greentree

rdbeltran.g@gmail.com
