

POSE and LIVE

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Dwight Meessen (NL) - March 2023
音乐: Children - Billy Porter



Walk, Walk, Shuffle Fwd, Point & Point, Reverse ½ Pivot Turn Right, Hook

- 1-2 RF walk, LF walk
- 3&4 RF step forward, LF step beside RF, RF step forward
- 5&6 LF point forward, LF step beside RF, RF point back
- 7-8 R+L ½ turn right step RF forward (weight on LF), RF hook across LF [6]

***Option count 8: snap your fingers with both hands above your shoulders and turn your head to the left**

Walk, Walk, Shuffle Fwd, Point & Point & Point, Pose

- 1-2 RF walk, LF walk
- 3&4 RF step forward, LF step beside RF, RF step forward
- 5&6 LF point to left side, LF step beside RF, RF point to right side
- &7-8 RF step beside LF, LF point to left side, Bring your hands (inside out) to your eyes and spread them out

Rolling Vine into Chasse Left, Cross, Behind, Ball, Cross Shuffle

- 1-2 LF step ¼ turn left forward, RF step ½ turn left back
- 3&4 LF step ¼ turn left, RF step beside LF, LF step to left side
- 5-6 RF cross over LF, LF step back
- &7&8 RF step beside LF, LF cross over RF, RF step to right side, LF cross over RF

Side (hand up), Side (hand up), Rain Motion Down, Snap Left Right, Circular Motion, ¼ L Flick

- 1-2 RF step to right side (raise right arm up and spread hand), LF step to left side (raise left arm up and spread hand)
- 3-4 Bring both hands down and make a rain motion
- 5-6 Snap your right fingers over your left shoulder, Snap your right fingers over your right shoulder
- 7-8 Bring your right hand in front of your left shoulder and make a circular motion, LF step ¼ turn left and flick your RF [3]

***Option count 8: move your head to the right**

Pivot ½ L, Pivot ¾ L, Camel Walk x4 Fwd

- 1-2 RF step forward, R+L ½ turn left [9]
- 3-4 RF step forward, R+L ¾ turn left [1.30]
- 5-6 RF step forward popping left knee forward, LF step forward popping right knee forward
- 7-8 RF step forward popping left knee forward, LF step forward popping right knee forward

***Option Camel Walk: arms against your body and move your hands up/down, right, left, right, left**

Rock Fwd, Recover, Big Step, Drag, Ball, Back, Together, Shuffle Fwd

- 1-2 RF rock forward, LF recover
- 3-4 RF big step back, LF drag together
- &5-6 LF step back, RF step back, LF step beside RF
- 7&8 RF step forward, LF step beside RF, RF step forward

Rock Fwd, Recover, Ball, Pivot ¾ Turn Left, Cross, Side, Behind Side Cross

- 1-2 LF rock forward, RF recover
- &3-4 LF step beside RF, RF step forward, R+L ¾ turn left [9]
- 5-6 RF cross over LF, LF step to left side
- 7&8 RF cross behind LF, LF step to left side, RF cross over LF

Rock Left, Recover, Ball, Side, Together, Step Fwd, Pivot ½ Turn Right, Step Fwd and Flick

1-2 LF rock to left side, RF recover

&3-4 LF step beside RF, RF step to right side, LF step beside RF

5 RF step forward

6-7 LF step forward, L+R ½ turn right [3]

8 LF step forward and flick your RF

***Option count 8: point your right hand upwards**

Start again

Last Update: 28 Mar 2023
