

Historias

COPPER KNOB
STEPPERS

拍数: 64 墙数: 1 级数: Beginner
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音乐: 57 Chevrolet - The Dean Brothers



INTRO 64 counts

[1-8] - ROCK R, HOLD, ROCK L, HOLD, SIDE, TOGETHER, SIDE, HOLD

- 1 – Rock right foot to the right.
- 2- Hold.
- 3 – Recover.
- 4- Hold.
- 5 – Step with the right foot to the right.
- 6 – Step with the left foot next to the right.
- 7 – Step with the right foot to the right.
- 8- Hold.

[9-16] - ROCK L, HOLD, ROCK R, HOLD, SIDE, TOGETHER, SIDE, HOLD

- 1 – Rock left foot to the left.
- 2- Hold.
- 3 – Recover.
- 4- Hold.
- 5 – Step with left foot to the left.
- 6 – Step with the right foot next to the left.
- 7 – Step with the left foot to the left.
- 8- Hold.

[17-24] ROCK FWD, HOLD, RECOVER, HOLD, SHUFFLE BACK, HOLD

- 1 – Rock forward with right foot.
- 2 – Hold
- 3 – Recover.
- 4- Hold.
- 5 – Step back with the right foot.
- 6 – Step with the left foot next to the right.
- 7 – Step back with the right foot.
- 8- Hold.

[25-32] - ROCK BACK, HOLD, RECOVER, HOLD, SHUFFLE FWD, HOLD

- 1 – Rock back with left foot.
- 2- Hold.
- 3 – Recover.
- 4- Hold.
- 5 – Step forward with left foot.
- 6 – Step with the right foot next to the left.
- 7 – Step forward with left foot.
- 8- Hold.

[33-40] - LOCK STEP, HOLD, STEP, TURN ½, STEP, HOLD

- 1 – Step forward with right foot.
- 2 – Lock with the left foot behind the right.
- 3 – Step forward with right foot.
- 4- Hold.

- 5 – Step forward with left foot.
- 6 – Turn ½ turn to the right.
- 7 – Step forward with left foot.
- 8- Hold.

[41-48] - LOCK STEP, HOLD, STEP, TURN ½, STEP, HOLD

- 1 – Step forward with right foot.
- 2 – Lock with the left foot behind the right.
- 3 – Step forward with right foot.
- 4- Hold.
- 5 – Step forward with left foot.
- 6 – Turn ½ turn to the right.
- 7 – Step forward with left foot.
- 8- Hold.

[49-56] - WAVE R, SCISSOR, HOLD

- 1 – Step with the right foot to the right.
- 2 – Cross left foot behind the right.
- 3 – Step with the right foot to the right.
- 4 – Cross left foot in front of the right.
- 5 – Step with the right foot to the right.
- 6 – Step with the left foot next to the right.
- 7 – Cross the right foot in front of the left.
- 8- Hold.

[57-64] - WAVE L, SCISSOR, HOLD

- 1 – Step left foot to the left.
- 2 – Cross the right foot behind the left.
- 3 – Step with left foot to the left.
- 4 – Cross the right foot in front of the left.
- 5 – Step with left foot to the left.
- 6 – Step with the right foot next to the left.
- 7 – Cross the left foot in front of the right.
- 8 – Hold

START OVER.
