

Back To The Middle

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jamie Barnfield (UK) & Karl-Harry Winson (UK) - March 2023
音乐: 100% Pure Love - Years & Years



Intro: 32 counts

Step. Kick. Touch. 1/2 Turn Right. 1/2 Turn Right. Right Coaster Step. Step.

1 – 2 Step forward on Left. Kick Right forward.
3 – 4 Touch Right back. Turn 1/2 Right (weight on right). 6 o'clock Wall
5 Turn 1/2 Right stepping Left back. 12 o'clock Wall
6&7 Step Right back. Step Left beside Right. Step forward on Right.
8 Step forward on Left.

Forward Rock. Coaster-Cross. Side Rock. Ball-Side Rock.

1 – 2 Rock forward on Right. Recover on Left.
3&4 Step Right back. Close Left beside Right. Cross step Right over Left.
5 – 6 Rock Left out to Left side. Recover weight on Right.
&7-8 Step Left in place beside Right. Rock Right to Right side. Recover weight on Left.

Cross. Side. Right Sailor 1/2 Turn Right. Hold. Ball-Cross. 1/4 Left. Ball. Pivot 1/4 Turn.

1 – 2 Cross Right over Left. Step Left to Left side.
3&4 Cross Right behind Left making 1/2 Turn Right. Step Left beside Right. Cross Right over Left.
5&6 Hold. Step Left beside Right. Cross step Right over Left. 6 o'clock Wall
7&8 Turn 1/4 Left stepping Left forward (3.00). Step Right forward. Pivot 1/4 Turn Left. 12 o'clock Wall

Cross. Back. Together. Step. Scuff. Out-Out. Right Knee Turn In & Out.

1 – 4 Cross Right over Left. Step back on Left. Step Right together with Left. Step Left forward.
5&6 Scuff Right beside Left. Step Out on Right. Step Out on Left.
7 – 8 Turn Right Knee In towards Left. Turn Right knee away from Left with weight now on Right foot.

*Restarts - W2 & W5

Step. Pivot 1/2 Turn. Forward Shuffle. 1/2 Turn Left. 1/4 Turn Left. Right Samba Step.

1 – 2 Step Left forward. Pivot 1/2 Turn Right. 6 o'clock Wall
3&4 Step Left forward. Close Right beside Left. Step Left forward.
5 – 6 Turn 1/2 Left stepping Right back. Turn 1/4 Left stepping Left to Left side. 9 o'clock Wall
7&8 Cross Right over Left stepping slightly forward. Rock Left to Left side. Recover on Right.

Cross. Side. Behind-Side-Cross. Monterey 1/2 Turn. Hook. Forward Shuffle.

1 – 2 Cross Left over Right. Step Right to Right side.
3&4 Cross Left behind Right. Step Right to Right side. Cross Left over Right.
5 – 6 Point Right toe out to Right side. Turn 1/2 Right hooking Right across Left. 3 o'clock Wall
7&8 Step Right forward. Close Left beside Right. Step Right forward.

Forward Rock. Ball-Step. 1/4 Turn Left. Cross. Hinge 1/2 Turn Right. Cross.

1 – 2 Rock Left forward. Recover weight on Right.
&3-4 Step Left beside Right. Step Right forward. Pivot 1/4 turn Left. 12 o'clock Wall
5 – 6 Cross Right over Left. Turn 1/4 right stepping Left back. 3 o'clock Wall
7 – 8 Turn 1/4 Right stepping Right to Right side. Cross Left over Right. 6 o'clock Wall

Right Dorothy. Left Dorothy. Rock Recover. Coaster Step.

1 – 2& Step forward Right to Right Diagonal. Lock Left behind Right. Close Right next to Left.
3-4& Step forward Left to Left Diagonal. Lock Right behind Left. Close Left next to Right.
5 – 6 Rock forward on Right. Recover on Left.
7 & 8 Step back on Right. Close Left next to Right. Step forward on Right.

***Restarts: On Walls 2 & 5, dance 32 counts and restart from the beginning. Both facing 6 o'clock Wall.**

For a Beginner level split floor for this dance, please check out "Around Again" by Frank Trace (USA)

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