

# Back To The Middle

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Jamie Barnfield (UK) & Karl-Harry Winson (UK) - March 2023  
音乐: 100% Pure Love - Years & Years



Intro: 32 counts

**Step. Kick. Touch. 1/2 Turn Right. 1/2 Turn Right. Right Coaster Step. Step.**

1 – 2      Step forward on Left. Kick Right forward.  
3 – 4      Touch Right back. Turn 1/2 Right (weight on right). 6 o'clock Wall  
5      Turn 1/2 Right stepping Left back. 12 o'clock Wall  
6&7      Step Right back. Step Left beside Right. Step forward on Right.  
8      Step forward on Left.

**Forward Rock. Coaster-Cross. Side Rock. Ball-Side Rock.**

1 – 2      Rock forward on Right. Recover on Left.  
3&4      Step Right back. Close Left beside Right. Cross step Right over Left.  
5 – 6      Rock Left out to Left side. Recover weight on Right.  
&7-8      Step Left in place beside Right. Rock Right to Right side. Recover weight on Left.

**Cross. Side. Right Sailor 1/2 Turn Right. Hold. Ball-Cross. 1/4 Left. Ball. Pivot 1/4 Turn.**

1 – 2      Cross Right over Left. Step Left to Left side.  
3&4      Cross Right behind Left making 1/2 Turn Right. Step Left beside Right. Cross Right over Left.  
5&6      Hold. Step Left beside Right. Cross step Right over Left. 6 o'clock Wall  
7&8      Turn 1/4 Left stepping Left forward (3.00). Step Right forward. Pivot 1/4 Turn Left. 12 o'clock Wall

**Cross. Back. Together. Step. Scuff. Out-Out. Right Knee Turn In & Out.**

1 – 4      Cross Right over Left. Step back on Left. Step Right together with Left. Step Left forward.  
5&6      Scuff Right beside Left. Step Out on Right. Step Out on Left.  
7 – 8      Turn Right Knee In towards Left. Turn Right knee away from Left with weight now on Right foot.

\*Restarts - W2 & W5

**Step. Pivot 1/2 Turn. Forward Shuffle. 1/2 Turn Left. 1/4 Turn Left. Right Samba Step.**

1 – 2      Step Left forward. Pivot 1/2 Turn Right. 6 o'clock Wall  
3&4      Step Left forward. Close Right beside Left. Step Left forward.  
5 – 6      Turn 1/2 Left stepping Right back. Turn 1/4 Left stepping Left to Left side. 9 o'clock Wall  
7&8      Cross Right over Left stepping slightly forward. Rock Left to Left side. Recover on Right.

**Cross. Side. Behind-Side-Cross. Monterey 1/2 Turn. Hook. Forward Shuffle.**

1 – 2      Cross Left over Right. Step Right to Right side.  
3&4      Cross Left behind Right. Step Right to Right side. Cross Left over Right.  
5 – 6      Point Right toe out to Right side. Turn 1/2 Right hooking Right across Left. 3 o'clock Wall  
7&8      Step Right forward. Close Left beside Right. Step Right forward.

**Forward Rock. Ball-Step. 1/4 Turn Left. Cross. Hinge 1/2 Turn Right. Cross.**

1 – 2      Rock Left forward. Recover weight on Right.  
&3-4      Step Left beside Right. Step Right forward. Pivot 1/4 turn Left. 12 o'clock Wall  
5 – 6      Cross Right over Left. Turn 1/4 right stepping Left back. 3 o'clock Wall  
7 – 8      Turn 1/4 Right stepping Right to Right side. Cross Left over Right. 6 o'clock Wall

**Right Dorothy. Left Dorothy. Rock Recover. Coaster Step.**

1 – 2& Step forward Right to Right Diagonal. Lock Left behind Right. Close Right next to Left.  
3-4& Step forward Left to Left Diagonal. Lock Right behind Left. Close Left next to Right.  
5 – 6 Rock forward on Right. Recover on Left.  
7 & 8 Step back on Right. Close Left next to Right. Step forward on Right.

**\*Restarts: On Walls 2 & 5, dance 32 counts and restart from the beginning. Both facing 6 o'clock Wall.**

**For a Beginner level split floor for this dance, please check out "Around Again" by Frank Trace (USA)**

**karlwinsondance@hotmail.com and boogie\_shoes@live.co.uk**

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