

Cup of Kindness

拍数: 32 墙数: 4 级数: Improver
编舞者: Vikki Morris (UK) - March 2023
音乐: Rollin' On - Derek Ryan : (amazon)



Start: 16 counts on the word "Cup"

S1: R Side, L Touch, L Side, R Touch, R Side, L Tog, R Side, L Touch, L Side, Touch R, R Side, Touch L, L Side, R Tog, ¼ L

- 1&2& Step Right to Right side, Touch Left next to Right, Step Left to Left side, Touch Right next to Left
3&4& Step Right to Right Side, Step Left next to Right, Step Right to Right side, Touch Left next to Right
5&6& Step Left to Left side, Touch Right next to Left, Step Right to Right side, Touch Left next to Right
7&8 Step Left to Left side, Step Right next to Left, Turn ¼ Left stepping forward Left (9 o clock)

S2: R Charleston Step, Walk R, Turn ¼ L Walk L, Walk R, Turn ¼ L Walk L

- 1 2 Swing Right around and touch Right toe forward, Swing Right back around and step on Right,
3 4 Swing Left back around and touch Left toe back, Swing Left around and step forward on Left
5 6 Walk forward Right, Turn ¼ turn Left as you walk forward Left (6 o clock)
7 8 Walk forward Right, Turn ¼ turn Left as you walk forward Left (3 o clock)

S3: R Toe, R Heel, R Stomp, L Toe, L Heel, L Stomp, R Rock Recover L, Back R, L Coaster

- 1&2 Touch Right toe to Left instep, Touch R heel to Left instep, Stomp Right slightly across Left
3&4 Touch Left toe to Right instep, Touch Left heel to Right instep, Stomp Left slightly across Right
5&6 Rock forward on Right, Recover on Left, Step back Right
7&8 Step back on Left, Step Right next to Left, Step forward Left

S4: R Rock Recover, R Shuffle ½ R, L Jazz Box, R Touch

- 1 2 Rock forward Right, Recover on Left
3&4 Turn ¼ turn Right stepping Right to Right side, Step Left next to Right, Turn ¼ Right, Stepping forward Right (9 o clock)
5 6 Cross Left over Right, Step back on Right
7 8 Step Left to Left side, Touch Right next to Left

TAG: End of wall 6 facing 6 o clock

Step Diag Fwd R, Touch L & Clap Hands, Step Diag Fwd L, Touch R & Clap hands

- 1& Step diagonally forward on Right, Touch Left next to Right & clap hands
2& Step diagonally forward on Left, Touch Right next to Left & clap hands

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