

Freedom

COPPER KNOB
BYEBOHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Diana Liang (CN) - March 2023
音乐: Yao Zi You (要自由) - BongBong Band (叁先声乐团)



Intro: 16

S1: RL Mambo, Heel Grind Rock 1/4R, Kick Ball Cross

1&2 rock Rf to R side, recover to Lf, step Rf next to Lf

3&4 rock Lf to L side, recover to Rf, step Lf next to Rf

Restart here during W5, facing 12H

5-6 rock Rf heel forward twisting Rf toes from L to R turning 1/4 to R, 3H, recover back to Lf

7&8 kick Rf to R diagonal, step Rf next to Lf, cross Lf over Rf

S2: RL (Side Together, Chasse)

1-2 step Rf to R side, step Lf next to Rf

3&4 step Rf to R side, step Lf next to Rf, step Rf to R side

5-6 step Lf in place, step Rf next to Lf

7&8 step Lf to L side, step Rf next to Lf, step Lf to L side

S3: Kicks, RL Lock Back, Back Sit, Recover

1-2 kick Rf diagonal L, kick Rf diagonal R

3&4 step Rf back, lock Lf over Rf, step Rf back

5&6 step Lf back, lock Rf over Lf, step Lf back

7-8 step Rf back sitting down, recover to Lf

Option: hands up on 8

S4: RL Forward Point, Jazzbox Cross

1-2 step Rf forward, point Lf to L side

3-4 step Lf forward, point Rf to R side

5-8 cross Rf over Lf, step Lf back, step Rf to R side, cross Lf slightly over Rf

Thanks and happy dancing!

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