A Mi Manera Salsa

级数: Improver

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音乐: A Mi Manera - Gipsy Kings

Start after 16 counts (approx. 12 sec) **2 Tags (4c) after walls 1 & 4 Restart on wall 2 & 5 after 48 counts Restart on wall 3 after 60 counts Ending (8c) after wall 6

拍数: 64

Sequence :

Wall-1 (64c), Tag (4c) Wall-2 (48c), Restart Wall-3 (60c), Restart Wall-4 (64c), Tag (4c) Wall-5 (48c), Restart Wall-6 (64c), Ending (8c)

Section 1 & 2 : BASIC SALSA R/L, SIDE MAMBO R/L x2

- 1&2&Rock RF forward, recover on LF, Together RF beside LF, Hold3&4&Rock LF back, recover on RF, Together LF beside RF, Hold
- 5&6 Step RF to side , Tap LF in place , Close RF beside LF
- 7&8 Step LF to side , Tap RF in place , Close LF beside RF

Section 3 : CUMBIA R/L x2

- 1&2 Cross RF behind LF, Tap LF in place, Step RF to side
- 3&4 Cross LF behind LF, Tap RF in place, Step LF to side
- 5&6 Cross RF behind LF, Tap LF in place, Step RF to side
- 7&8 Cross LF behind LF, Tap RF in place, Step LF to side

Section 4 : STEP LOCK, LOCK SHUFFLE, PIVOT ½ R TURN, FWD, SIDE

- 1-2 Step RF forward, lock LF behind RF
- 3&4 Step RF forward, lock LF behind RF, Step RF forward
- 5-6 Step LF forward, Turn ½ R transferring weight to RF (6.00)
- 7-8 Step LF forward, step RF to side

Section 5 : SYNCOPATED CUBAN BREAKS R/L, SUZIE-Q

- 1&2& Cross RF over LF, Recover on LF, Step RF to side, Recover on LF
- 3&4 Cross RF over LF, Recover on LF, Step RF to side
- 5&6& Cross LF over RF, recover on RF, step LF to side, recover on RF
- 7&8 Cross LF over RF, step RF to R side, Cross LF over RF

Section 6 : TOUCH SIDE - STEP FORWARD R/L, TOUCH SIDE - STEP BACKWARD R/L

- 1-2 Touch RF to side, Step RF forward
- 3-4 Touch LF to side, step LF forward
- 5-6 Touch RF to side, Step RF backward
- 7-8 Touch LF to side, step LF backward

Section 7 : R/L DIAGONAL STEP LOCK – LOCK SHUFFLE

- 1-2 Step RF diagonal right (07.30), Lock LF behind RF
- 3&4 Step RF diagonal right, Lock LF behind RF, Step RF diagonal right
- 5-6 Step LF diagonal left (4.30), Lock RF behind LF





墙数: 2

7&8 Step LF diagonal left, lock RF behind LF, Step LF diagonal left

Section 8 : PADDLE ¼ L TURN x4

1-2 Step RF forward, making ¼ L pivot while rolling hips to the left
3-4 Step RF forward, making ¼ L pivot while rolling hips to the left
5-6 Step RF forward, making ¼ L pivot while rolling hips to the left

7-8 Step RF forward, making ¹/₄ L pivot while rolling hips to the left

TAG (4 counts) :

1-2-3-4 Slow side rock with hips sways R/L/R/L

Ending (8 counts) : PADDLE 1/8 L TURN x4

1-2Step RF forward, making 1/8 L pivot while rolling hips to the left3-4Step RF forward, making 1/8 L pivot while rolling hips to the left5-6Step RF forward, making 1/8 L pivot while rolling hips to the left7-8Step RF forward, making 1/8 L pivot while rolling hips to the leftOr you may do ENDING as your freestyle option !

Make your dance fun...

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