

Sono Timida AB (I'm Shy)

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Basic Beginner
编舞者: Claire Denney (CAN) - March 2023
音乐: Sono timida - Orchestra Italiana Bagutti



Intro: 16

NO TAGS NO RESTARTS

Floor split with Ira Weisburd & Sebastiaan Holland's Beg/Improver

My beginner class will enjoy the easier steps to great music.

SECTION 1: RIGHT SIDE ROCK, RECOVER, STEP, TAP , REPEAT TO LEFT

1 - 2 Rock right, Recover left
3 - 4 R. step beside L. L. tap up
5 - 6 Rock left, Recover right
7 - 8 L. step beside R, R. tap up

SECTION 2: ROCK FORWARD, RECOVER, WALK BACK, WALK BACK, ROCK BACK, RECOVER, WALK FORWARD, WALK FORWARD

1 - 2 R. forward rock, Recover back on the left
3 - 4 R. walk back, L. walk back
5 - 6 R. back rock, Recover on to left
7 - 8 R. walk forward, L. walk forward

SECTION 3: TWO CHARLESTONS

1 - 4 R. touch forward , R. step back, L. touch back, L. step forward
5 - 8 Repeat steps 1 - 4 charleston

SECTION 4: OUT-OUT, IN-IN, 1/2 PIVOT LEFT, R. KICK BALL CHANGE

1 - 4 Step right side, Step left side, Step R. in, Step L. in
5 - 6 R. step fwd, 1/2 pivot left (weight on left) 6:00
7 & 8 R. kick fwd, R. step beside L, L. step beside R.

Dance will finish at 12:00 after section 2

REPEAT DANCE

Email: claire.denney1@gmail.com

Last Update: 18 Mar 2023
