

Shoot to Kill

拍数: 32 墙数: 4 级数: Improver
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音乐: Shoot To Kill - Groovenatics, MOTi & Jon Moodie



#1. Walk X2, Anchor step, Step fwd with ½ turn, Step fwd, Step back with ½ turn, Shuffle fwd with ½ turn

1-2 RF step forward, LF step forward
3&4 RF lock behind LF, recover, RF step slightly back
5-6-7 LF step forward with ½ turn to the L, RF step forward, LF step back with ½ turn to the R
8&1 RF shuffle forward with ½ turn to the R

#2. Rock fwd, Recover & Sweep, Sailor with ¼ turn, Hold, Together, Side step, Touch

2-3 LF rock forward, recover & LF sweep back
4&5 LF sailor step with ¼ turn to the L
6 Hold time
&7-8 RF step next to LF, LF step to the side, RF touch next to LF

#3. Side step, Touch, Side step, Rock back, Recover, Kick ball change, Step fwd, Shuffle back with ½ turn

&1-2 RF step to the side, LF touch next to RF, LF step to the side
3-4 RF rock back, recover
5&6 RF kick ball change
7 RF step forward
8&1 LF shuffle back with ½ turn to the R (easy option)

OR LF heel twist with ¼ turn to the R, RF heel twist next to LF, LF heel twist with ¼ turn to the R

#4. Rock back, Recover, Cross, Point, Cross, Point & Together X2

2-3 RF rock back, recover
4-5-6 RF cross over LF, LF touch to the L, LF cross over RF
7&8& RF touch to the R, RF step next to LF, LF touch the L, LF step next to RF
